

Solway Plain Magazine



September 23

CHURCHES - INFORMATION

The Parish of the Solway Plain is a Registered Charity No. 1187312

Ministry Team Phone Numbers & E-mail Addresses:

Revd Canon Bryan Rothwell (Rector) 016973 31413(bryanrothwell@btinternet.com)
Revd Malcolm Stilwell (Assistant Priest) 07918134069 (mcstilwell18@gmail.com)
Tim Barker (Reader): 016973 31246 (twbarker2@gmail.com)
Christine Young (LLM) 016973 23172 (Christine.young6@googlemail.com)
Josephine Jefferson (LLM) 016973 51843 (josjefferson80@gmail.com)
Carolyn Fyfe (LLM) 07934610410 (celainefyfe@gmail.com)

Solway Plain Churchwardens: (all 016973 unless stated)

<u>Bromfield:</u>	Shirley Holland Reid 07592031263	Mary Douglas (61670)
<u>Holme Cultram Abbey:</u>	Margaret Graham (61861)	Brenda Sim (61224)
<u>Holme St Cuthbert:</u>	Brian Bailey (01900 881737)	Lynda Bailey (01900 881737)
<u>Kirkbride:</u>	Josephine Jefferson (51843)	Steven Sowerby (52987)
<u>Newton Arlosh:</u>	Sherry King (07802740345)	Willy Bell (51311)
<u>Silloth:</u>	Jean Oliver (32271)	Margaret Graham (31452)
<u>Westnewton:</u>	Christine Young (23172)	Mary Hodgson (21821)

Solway Plain Churches Website

www.solwayplainchurches.org.uk

Solway Plain Magazine Office

64 Victory Crescent Maryport Cumbria CA15 7ND

Email; solwayplainteammag@yahoo.co.uk

Midweek Services in the Solway Plain :

Silloth **Thursday** 10am Said Communion.

Roman Catholic Services:

Saturday; Silloth:6pm

Sunday; Wigton: 9.00am

Maryport: 11am

Enquiries: Maryport: 01900 812157

United Reformed Church

Silloth 2pm

Enquiries Sue Calvert 016973 32341 .

Pentecostal Church

Greenrow, Silloth 10.45am & 6pm

Enquiries 016973 32248

Evangelical Free Church

Silloth **Thursday** 7.30pm

Sunday 10.45am & 6.30pm

Enquiries 016973 31711

DEADLINE FOR NEXT MAGAZINE:

By midday on 10th of each month

All copy must go to The Magazine Office by post or email

LETTER FROM THE MINISTRY TEAM

Hello everyone

I hope you've had a good holiday with some time to enjoy life and find new energy. Here we are, back at Autumn and the last third of the year. It may feel as if the seasons are running down, but I remember going to senior school for the first term, with the conkers getting ready to fall from the chestnut trees along the school drive and being really excited. Autumn is often a time of new beginning, for students or for school-leavers first taking up a job. A time of new adventure.

And Harvest is coming. Farmers are getting down to urgent, against-the-clock working after the rather more relaxed Summer.

In the church year too it can be a time of renewing our spiritual energies. There's plenty for us to do. Remember Jesus saying, The harvest is plentiful but the labourers are few, (Matthew 9:35-38)

The harvest of course – the grain to be gathered or the fish to be caught in nets or the grapes or the figs that Jesus talks about in his parables - is people. People who have missed out on Jesus. Who don't realise that each one of them is special and treasured and loved by God who made them. Maybe don't know they can ask Him for help when they're in trouble or ask Him where they should be going with their lives. People who are going down wrong paths into drugs or crime, gambling, self-harm and so on; or people, especially at the moment, who are just not going anywhere at all, with no work experience or prospects, no hopes or ambitions and too troubled for themselves to take any trouble for others.

They're there to be gathered in. Into heaven finally. For ever and ever. But they need to be gathered first into the family of Jesus. To be shown that ours is a happy family.

A family who live together sharing love and delight in the wonderful things of the world. Who look for ways to help each other and make each other smile

So this Autumn lets all look for new ways to approach our neighbours and teach them something about Jesus. And share his love. Let's try to spend a bit more time in prayer for guidance and learning more about Jesus and his work.

And, by the way, the Christian family is one that works best together. If you've got out of the habit (maybe after covid) of not being together with the church family, come back and join us on a Sunday or in some of the other activities listed in this magazine. Renew your own relationship with God and Jesus and join those other labourers finding ways to bring our neighbours in too.

If you're one of the neighbours, reading this magazine just for the local news and you don't bother with Jesus at all . . . give him a go. Ask one of us about him. Who is he? What does he do? Why does it matter?

In love and prayer
Tim

SOLWAY PLAIN PARISH SERVICES

Date	Time	Service	Church	Leader	Readings
3 rd Sept Trinity 13	8.00am	HC	Silloth	BR	Romans 12: 9-21 Matthew 16: 21-28 Green
	9.00am	FS	Westnewton	CY	
	9.30am	HC	Holme St Cuthbert	BR	
	9.30am	FS	Bromfield	FMcl	
	9.30am	HC	Kirkbride	GR	
	10.30am	FS	Holme Cultram	FMcl	
	10.45am	HC	Newton Arlosh	GR	
11.00am	FS	Silloth	BR		
10 th Sept Trinity 14	9.00am	HC	Westnewton	MS	Romans 13: 8-14 Matthew 18: 15-20 Green
	9.30am	FS	Holme St Cuthbert	FMcl	
	9.30am	HC	Bromfield	BR	
	9.30am	FS	Kirkbride	TB	
	10.30am	HC	Holme Cultram	MS	
	10.45am	FS	Newton Arlosh	TB	
	11.00am	HC	Silloth	BR	
17 th Sept Trinity 15	9.00am	MP	Westnewton	TB	Romans 14: 1-12 Matthew 18: 21-35 Green
	9.30am	HC	Holme St Cuthbert	GR	
	9.30am	MP	Bromfield	BR	
	9.30am	HC	Kirkbride	MS	
	10.30am	MP	Holme Cultram	TB	
	10.45am	HC	Newton Arlosh	MS	
	11.00am	MP	Silloth	BR	
4.00pm	Healing	Kirkbride	JJ		
24 th Sept Trinity 16	9.00am	HC	Westnewton	BR	Philippians 1: 21-30 Matthew 20: 1-16 Green
	9.30am	MP	Holme St Cuthbert	TB	
	9.30am	HC	Bromfield	MS	
	10.30am	HC	Holme Cultram	BR	
	11.00am	HC	Silloth	MS	
	2.30pm	Harvest	Kirkbride	BR	
	5.00pm	Evensong	Silloth	TB	

For Clergy names see Churches information at front of magazine
FMcl = Franced McIntyre GR = Canon Geoffrey Ravalde

CHURCH ROTAS

Bromfield

Date	Sidesperson	Flowers	Church Cleaning
03	Mr Sharp		PCC TEAM
10	Miss Wilson		
17			
24			

Holme Cultram Abbey

Date	Reader	Sidesperson
03	Sarah	Margaret
10	Anita	Elaine
17	Bill	Margaret
24	Norman	Elaine

Holme St Cuthbert

Date	Reader
03	Helen
10	Lynda
17	Rosie
24	Brian

Kirkbride

Date	Sidesperson	Flowers	Church Cleaning
03	S Sowerby	Mrs M	Mrs A
10	L Beattie	Little	Little
17	J Jefferson	Mrs C	Mrs C
24	S Sowerby	Harrop	Harrop

Newton Arlosh

Date	Sidesperson	Flowers	Church Cleaning
03	S Whitaker	C Stockdale	C Stockdale
10	I King		
17	W Bell		

CHURCH ROTAS

Silloth

Date	Sidesperson	Reader	Flowers
03	J Oliver	M Graham	
10	I Lomas	I Lomas & M Kent	
17	F Jackson	J Oliver & A Rothwell	
24	M Graham	I Lomas & M Kent	

Westnewton

Date	Warden	Sidesperson	Flowers	Church Cleaning
03	Mrs Hodgson	Mr Wardle	Mrs Walker	Church Committee Members
10	Mrs Young	Mrs Szandurski	Mrs Walker	
17	Mrs Hodgson	Mrs Launchbury	Mrs Brown	
24	Mrs Young	Mrs Walker	Mrs Brown	



'Thank You So, So Much!'

As Bishop James prepares to retire at the end of August so he and his wife Alison send this message of thanks following receipt of many cards and gifts.

We have been absolutely overwhelmed by the incredibly kind cards and messages we have received as retirement looms: not to mention the extremely thoughtful and generous gifts to which so many have contributed.

Words are inadequate to express either our gratitude or our deep sense of loss as this chapter comes to an end. Thank you so, so much. We will miss you more than we can say.

With love from +James and Alison

PARISH REGISTER

Baptism



Abbeystown

Ezra Bobby Giles	02/07/23	Revd A Callaway
Luca John Graham	23/07/23	Canon B Rothwell

Bromfield

George Edmond Biggane	06/07/23	Canon B Rothwell
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Holme St Cuthbert

George Mally Armstrong	06/08/23	Revd I Johnston
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Kirkbride

Isobel Penelope Crawford	4/06/23	Revd A Callaway
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Silloth

Robyn Hayley Dawn Buchanan	15/07/23	Revd A Callaway
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Funeral

Abbeystown

Ethel Miller	06/07/23	Revd A Callaway
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Bromfield

Ronald Graham	30/06/23	Canon B Rothwell
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Holme St Cuthbert

Caroline Pearson	14/06/23	Canon B Rothwell
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Michael Cork	16/08/23	Mr T Barker
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Newton Arlosh

Hubert Wilson	05/07/23	Canon B Rothwell
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Silloth

Isabella (Betty) Tinnion	22/06/23	M Gate
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Dorothy Hornsby	11/08/23	Canon B Rothwell
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Ivan Wallace	17/08/23	M Gate
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Crematorium

Norman Winder	25/07/23	Mr T Barker
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Burial of Ashes

Holme St Cuthbert

Kevin Newe	04/08/23	Canon B Rothwell
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Kirkbride

Helen Smithson	03./07/23	Mr T Barker
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Memorial Service

Silloth

Colin Smith	07/07/23	M Gate
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Wedding

Abbeystown

Stuart Wise & Kelly Hazell	15/07/23	Canon B Rothwell
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Ben Satterthwaite & Kayleigh Milburn	05/08/23	Canon b Rothwell
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Holme St Cuthbert

Jake Sayer & Amy Armstrong	01/07/23	Canon B Rothwell
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SOLWAY PLAIN NEWS

Solway Plain Website

Details of all our Churches in the Solway Plain Parish are available on our parish website. There is a calendar of events and services that are taking place in our Parish. If you use an online calendar you can subscribe to the calendar to add the calendar to your own online diary (click the + button at the bottom right of the calendar)

www.solwayplainchurches.org.uk/events

Revd Andrew Callaway

Andrew will be licenced as Priest in Charge (House for Duty) in the Parish of St Patrick's, Patterdale on Tuesday 5th September at 7pm. We are looking at hiring two minibuses for those who wish to go, please let Bryan know as soon as possible to gauge how many people would like to travel with us.

Canon Geoffrey Ravalde

Geoffrey has recently retired from the Parishes of Wigton & Thursby and is joining us as a member of our Ministry Team. He will be licensed by the Bishop as Associate Priest of the Parish of the Solway Plain and the Parishes of Aspatria, Hayton & Gilcruix from the 1st September. We look forward to his ministry among us.

The Bishop's Harvest Appeal

"A harvest of justice & peace"

Bishop James writes "May I offer my warmest and most heartfelt thanks for your generous support of the Bishop's Harvest Appeal. Money donated to the appeal has dramatically transformed the lives of so many people, both in the Democratic Republic of Congo and also in Israel and the occupied territories. It is also a joy to see the way in which Mother's Union and Christian Aid are working so closely together on these projects. This is truly missional, and I hope and pray that this year all the excellent work that has already begun can be continued and developed".

Information on how to donate can be found in the leaflets in our churches. Our annual Harvest Services take place at the end of September and beginning of October. Join with us as we celebrate and give thanks for God's goodness.

SOLWAY PLAIN NEWS



Healing service

Our monthly healing service for September will be on Sunday 17th at Kirkbride starting at 4.00pm.

Do join us for a service of quiet prayer and reflection where we seek God's healing and wholeness.

Prayer line.

As part of our parish prayer life we would like to hear prayer requests either for yourself or for those you know who need prayer. We will then pray for them in the monthly healing service and in our own prayer time. There are two ways to pass prayer requests to the team.

You can either call Frances McIntyre on 07967376356 or email prayer@solwayplainchurches.org.uk

All we need is a name and a brief description of what we are to pray for, we do not need much detail, if God knows when a sparrow falls to the ground he knows what we are all going through and how to help. If the request is for someone else please check with them that they are happy for you to pass their name on for pray

Cumberland Council Community Panels

Community Panels are a way of listening to communities and directing investment where it is needed most.

There are eight Community Panels covering Cumberland. Each is made up of the ward councillors for that area. The panels meet four times a year to decide what their communities need, and to direct investment towards projects that tackle those priorities.

The Fells and Solway Community Panel covers the wards of Aspatria, Dalston and Burgh, Solway Coast, Thursby, and Wigton.

The panel members would like your views on their three draft priorities.

The final priorities will run alongside Cumberland Council's central aim of improving the health and wellbeing of residents.

To complete the survey online scan the QR code or go to <https://forms.office.com/e/1fs36f4FU>

Have your say on the Fells and
Solway Community Panel priorities



SOLWAY PLAIN NEWS

Confirmation

In partnership with Solway Network Youth Church, we are offering preparation for Confirmation. If you know a young person, year 6 upwards, who would like to think about getting confirmed in November, please get in touch with Yvette Ladds yvette.ladds@carlisle-diocese.org.uk 07919 246738 or Bryan as soon as possible.

We can also offer preparation for adults who may wish to be considered, please speak to Bryan if you are interested.
bryanrothwell@btinternet.com 016973 31413

Solway Network Youth Church

The September Newsletter is available from our churches, on the Network Youth Church Facebook page and on our parish website www.solwayplainchurches.org.uk/downloads

Arthritis Action Self-Management Event Online

Online event - Wednesday 6th and Wednesday 13th September 18:00 - 19.30

A certified self-management trainer, along with Arthritis Action staff, will be answering your questions about managing your arthritis and covering the following topics:

- Working with healthcare professionals
- Pain management
- Healthy eating
- Staying active
- Dealing with emotions
- Positive thinking
- Managing fatigue
- Weight management
- Clinical therapies
- Travel and getting out and about
- Family life

We recommend that you attend both days to make the most of our self-management approach



SOLWAY PLAIN NEWS

Solway Plain Mission Community

PRAYER SUPPER

Friday October 6th at 6pm

Wigton Methodist Church

Acts ch 2 vs 42 – And they devoted themselves to the apostles' teaching and fellowship, to the breaking of bread and the prayers.

To reopen our series of united prayer meetings, all members of the Solway Plain Mission Community – Wigton, Silloth, Aspatria and the associated churches – are invited to imitate the early Christians in Jerusalem and come to a bring and share supper.

We can eat and chat together and then devote some time to reflection on prayer, sharing concerns and blessings.

Do take this opportunity to unite together informally and share food for our bodies and our spirits.

For more information and to give us an idea how many are coming, please contact Alan Fearon 016973 42454 or Tim Barker 016973 31246

ABBEYTOWN NEWS

*Abbeystown
Community*

ECO  CHURCH

We've had a great time at EcoChurch since the very first meeting in April. We've done a litter pick, put planters full of bee-friendly flowers by the bus shelters, planted wild flower plug plants, taken the school children on a nature walk, turned one of the bus shelters into a pop-up art gallery for the children's wild-flower pictures, taken part in a nationwide survey of wildlife, and in our July meeting we built a bug hotel and a bee house in the churchyard.

We're taking a break in August, but we'll be back soon – watch this space for news of our Autumn/Winter programme! If you would like to get involved in EcoChurch, do contact me. We'll be meeting in September to plan forthcoming events. We'd love to hear from you, so please email me if you have ideas or expertise to offer.

Carolyn Fyfe - celainefyfe@gmail.com

ABBETOWN NEWS

Holme Cultram Abbey Strawberry Teas

On Saturday 8th and Sunday 9th July for we held our annual Strawberry Teas and had people travel from near and far to buy our tasty homemade treats, from sausage rolls and pasties to cream cakes and tray bakes all of which were washed down with a nice cup of tea or coffee.

On Saturday a local brass quintet called 'Oomph Funf' entertained us while people enjoyed their teas and we were so busy that day that we had to go home and bake more goodies for Sunday as we had sold out of everything we had made!

We are delighted to tell everyone that we raised an incredible **£4,687.19** towards the ongoing work of the church.

Holme Cultram Abbey PCC would like to say a huge thank you to everyone who came and supported the event, we are overwhelmed by the generosity and support given by you all to keep our beautiful community building open.

A very special thank you goes to all our volunteers who worked extremely hard over the weekend and donated all their home baked goods, without everyone's ongoing support the event would not have been such a great success.

We hope to see everyone back again next year on 13th and 14th July 2024.



ABBEYTOWN NEWS



Monthly Cash Draw Subscriptions Reminder

Thank you to everyone who takes part in our monthly draw. The annual subscription will be increased from £5 per number to £10 per number for the year. We have also increased our prize money too so the prizes each month will now be:

- 1st £30
- 2nd £20
- 3rd £10

We also have some spare numbers available so if anyone would like to join in with our draw, please contact Norman Foster our Draw Organiser on 016973 61623 for more information.

The £10 per number subscription is now due so please pay your usual draw collector or alternative payment options are available see below.



Parish Magazine Subscriptions - £5 per year

Thank you to all our readers for purchasing this magazine we really appreciate your continued support. The annual subscription is now due so please pay your £5 to your usual local distributor or they will be along to collect it in the coming weeks or see below for alternative payment details.

Alternative payment options for the Monthly Draw and Parish Magazine

If you would like to pay by bank transfer the bank details are:

Bank Name: Cumberland Building Society
Account Name: Holme Cultram Abbey PCC
Sort Code: 16-52-21
Account Number: 53949622

You can also leave money at Laura Sim (Treasurer) house in a clearly marked envelope with who it is from at 2 Osborne Terrace, Abbeytown, CA7 4RS Or contact Tel: 016973 61007 or Email: holmecultramabey@btinternet.com

Please could all payments be made by 30 November 2023, thank you.

ABBEYTOWN NEWS



At Holme Cultram Abbey
On Saturday 18th and Sunday 19th November 2023
More details to follow.

If anyone would like a stall its £20 for 2 days or £15 for 1 day
please contact Brenda on 016973 61224 or email Laura on
holmecultramabbey@btinternet.com or message our Facebook page:
Holme Cultram Abbey Church and Tearoom



BROMFIELD NEWS

Bonus Ball Winners

JUNE

DATE	NUMBER	WINNER	AMOUNT
3	17	J. Wilson	£30
10	3	J. Horsley	£30
17	21	M. Jackson	£30
24	31	J. Hope	£30

JULY

DATE	NUMBER	WINNER	AMOUNT
1	34	J. Ferguson	£30
8	14	S. Roberts	£30
15	30	S. Chapman	£30
22	2	L. Brown	£30
29	25	L. Brough	£30

BROMFIELD NEWS

82

67

52

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Blenco(go) Party Bingo

**Saturday 14th
October**

**At Blencogo Village Hall
7pm Start till late**

Bring your own bottle

**\$10 per
ticket**



18+
ADULT ONLY

Text Donna

On: 07398769356

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pageborders.org

Bromfield News

St. Mungo's Church Yard Tidy – We are undertaking a tidy of the church yard on Saturday, September 3rd, 2023 from 10am onwards. We are seeking volunteers to help us. Duties would include strimming, pruning and loading of waste for removal. Any assistance would be greatly appreciated for any length of time. John Lee and Ian Brough have kindly offered to assist in the pruning of trees, shrubs, nettles etc. Lighter duties would include cutting back/removing ivy from headstones etc. If you are able to help then bring your gloves, secateurs, strimmer and join us. Work at your own level and your own pace.

Teas and coffees will be provided, maybe even chocolate biscuits!!

BROMFIELD NEWS

Bromfield News

A big thank you to everyone who donated towards the cost of the grass cutting. Bromfield Parish Council awarded us £900, and Aspatria Charity Shop awarded us £1000. In addition, there were individual donations ranging from £20 to £300. We received sufficient funds to pay for the whole season of cuts. This is a marvellous achievement. Huge thanks to all our donors, you know who you are.

Brass Cleaning – An evening of brass cleaning was undertaken by volunteers Ian Brough, John Lee and Paul Reid. Many thanks chaps, you did a great job. All the church brass is super clean. I understand you had a few visitors during the evening but none that stayed and helped, may be next time.

We are holding a Bingo night in the Greyhound Inn on Wednesday, October 25th. Prizes will be given for full lines and full houses will receive cash payments. There will be six games and the evening will include a pie and pea supper. See the poster in this magazine. Last year's event was very well attended, please do come and join us, and enjoy Tony Harrison's fabulous pie. I can guarantee that you will enjoy it!!

Looking forward to seeing you at the Tidy of the churchyard and the Bingo evening.

BROMFIELD PARISH COUNCIL

Summary of the Meeting held on Thursday 27th July.

Present: Cllrs. I. Brough, R. Davison, G. Fellows, J. Lee, S. Lunken and M. Underwood. Also present three members of the public.

Matters discussed included: Public Participation – Three members of the public were in attendance and provided Members with further some information on the church committee's proposal to turn the piece of wasteland at the churchyard into a Garden for Reflection which would include seating, trees and a wild garden section. Members were advised that the land needs clearing before the work can commence as it is overgrown and unsightly and any help either in the supply of workforce or financial would be appreciated. Planning applications received:

FUL/2023/0136 – High Croft, Blencogo - Change of use of agricultural field to vegetable plot with new access for mower and tractor to access at correct level. Planning Decisions: FUL/2023/0043 – Bromfield Hall, Bromfield - Erection of building to house robotic milking system and cubicles with solar panel array – GRANTED. FUL/2023/0100 – Bramblewood, Crookdake - Change of Use from outbuilding to holiday let (retrospective) – GRANTED. Vacancies – There are vacancies on the council following the parish elections. Anyone who has an interest in the community and would like to be considered for co-option onto the parish council please contact the Clerk for further information.

Date of next meeting: Thursday 28th September, 2023 - 7.30pm
Committee Room, Blencogo Village Hall.

Clerk: Janice Rae , 1 Sun Croft, Ireby, CA7 1ES

Email: bromfieldparish@blencogo.com

BROMFIELD NEWS

Blencogo Village Hall

"Well it's been a rather disappointing summer so far with all this rain but hopefully the better weather is on its way. We've got a few good events coming up over the next couple of months. September sees our annual produce show returning on the 9th after a short break. All your favourite categories are making a return along with a slightly revamped child's section to reflect some more modern interests. You'll find the full schedule here in your local parish magazine and on our Facebook page and website. We'd encourage everyone to have a go and submit something in a category, you never know you might win a prize!

October sees us hosting a Bingo event on the 14th It's not your normal Bingo but something a little more energetic! If you like Bongos Bingo you'll love Blenco Bingo!! More details can be found here in the parish magazine and in the Solway Buzz.

November sees us hosting our ever popular authentic curry night on the 18th. This is always a popular event and more details will be released over the next few weeks. Keep an eye on the parish magazine, on our Facebook and on the website.

The Weekend of the 25/26 November will see us hosting our annual Christmas market. More details to follow.

September also sees us hosting our AGM on the 6th. Everyone is welcome to attend and we're especially looking for anyone who might be interested in joining the committee and helping to support our local community hub. It doesn't involve too much time wise and many hands make light work. If you are interested please do pop down on the 6th and find out what volunteering entails. We've got a fantastic group of volunteers who will be more than happy to chat.

Finally we're looking for a couple of volunteers who can give an hour or two a month to help clean the hall.

We look forward to seeing you all at one of our future events!"

BROMFIELD NEWS

BLENCOGO & DISTRICT VILLAGE HALL PRODUCE SHOW SATURDAY 9th September 2023

To be held in Blencogo Village Hall Entries on the day.

An amateur event open to everyone

Admission 50p School children free. Refreshments available. 10am -11.30: Staging 11.30-1.45pm Hall closed for Judging 2pm Hall opens to public. 3.30pm Presentation of Trophies. Auction of produce. Followed by distribution of prize money.

Entry fee 30p per item, children classes 20p per item

Prizes 1st £2 2nd £1.50 3rd £1 Points:1st = 3 points 2nd =2 points 3rd =1 point.

Trophies will be awarded to the person gaining most points in the following sections.

Bromfield Parish cup for flowers, Harry Douglas Fuchsia Plaque. Tom Carrick Cup for Kitchen Garden. Ferguson Salver for Bakery. St Mungo's Cup for Handicrafts.

Blencogo Village hall Children's Trophy for 8yrs and over. Alfred Greive trophy for children 7 years and under. High Aketon Trophy for most points in show.

Any schedule queries to Gary on 61017 or via email to blencogovh@gmail. Please have a go & support your local show

Rules

1)All exhibits must be the work of the exhibitor. 2)No exhibit allowed that has previously won a prize.3)Handicrafts to have been made in the last 3 years.4)Exhibits to be staged between 10am and 11.30 and may not be removed until 3.40pm when any produce remaining will be auctioned.5)Labels must be collected on arrival and attached to the exhibit by the exhibitor. 6)Exhibitors to provide own vases etc.7)1 Entry per class per person. 8)No one will be allowed in the hall during the judging except the organizing committee. 9)No prizes will be awarded unless entries are of sufficient merit.10)The committee cannot be held responsible for loss or damage to exhibits or containers.11)The decision of the judge is final. 12)Children's ages to be shown.

Flowers 1. Fuchsia Pot Plant. 2. House plant in a pot.3. A single stem of any flower.

4. A rose. 5. Vase of sweet Peas. 6. 3 Dahlias. 7. 3 Hydrangea Blooms. 8. Bowl of 5 floating flowers. 9. Sunset display to include flowers, foliage and berries.10. Vase of mixed Garden Flowers.

Kitchen Garden 11. Four fresh herbs in a tumbler 12. 3 free range eggs (one egg cracked into a saucer) (laid from own chickens) 13. 3 onions. 14. 4 Potatoes. 15. Any other single vegetable not in the schedule. 16. 3 Carrots. 17. 4 Tomatoes - any variety. 18. 4 Cherry Tomatoes 19. 5 Green Beans. 20. Courgette. 21. Selection of Home-grown soft fruit in a bowl. 22. Heritage Purple Carrots. (seeds can be collected free from the committee)

Wine/ Liqueur 23. Bottle of Red Wine 24. Bottle of White Wine

Bakery 25. Men only A loaf of home made bread 26. A decorated Victoria Sponge. 27. 3 pieces of chocolate Brownie. 28. Homemade marmalade (label) 29. Homemade Jam (label) 30. 3 Unusual flavoured scones 31. Quiche Lorraine 32. Bakewell Tart. 33. Homemade Chutney. (label) 34. Homemade Lemon Cheese. (recipe available on Village Facebook if wished.)35. 3 decorated meringue nests 36. Jar of Honey

Handicrafts Must be own work.

37. Photo with own caption no larger than 8"x 6". 38. Photo of a Garden Visitor. no larger than 8"x 6". 39. Photo of a Cumbrian Sunset, no larger than 8"x6"

40. A handmade article of soft material e.g. woven knitted, crocheted, patchwork or embroidery.

41. Handmade wooden or metal item. 42. A painting or sketch any subject. 43. Handmade card (birthday, Christmas, Thank you) 44. A False Perspective photo or picture 45. Pick up and bring a doorstep.

Children (must display age)

Under 7 and including 7 years.

46. Homemade fruit juice. 47. Cress grown in a container. 48. Handwritten extract from an Enid Blyton novel (label) 49. A wax crayon rubbing.50. A model Sheep made from cotton wool balls

8 years and over.

51. Homemade Smoothie 52. An unusual Selfie 53. Decorated Chocolate Muffin.

54. A piece of digital art 55. Collection of garden flowers in a jar.

BROMFIELD NEWS

Wednesday October 25th

7.30pm

Greyhound Inn



PIE
and
PEAS
SUPPER

with

BINGO

Adult £8 pp and Child £4 pp
Bingo books sold on evening with a
Raffle

Bookings - ring Shirley 07952 031263

HOLME ST CUTHBERT NEWS

100 Club

The winning numbers for

June 2023

1 st Prize No. 50	Sue Donachy
2 nd Prize No. 36	Di Youngusband
3 rd Prize No. 75	Jan Grindell
4 th Prize No. 74	Pat Wise

July 2023

1 st Prize No. 18	Peggie Richardson
2 nd Prize No. 61	Irene Armstrong
3 rd Prize No. 56	Andrew Slater
4 th Prize No. 59	Chris Longcake (Australia)

Just £12 per year to help church funds

**Come on support your local church,
with a chance to win, buy a number.**

Contact Brian Bailey on: -01900 881 737 / 07542781234

HOLME ST CUTHBERT NEWS

MAWBRAY VILLAGE HALL

QUIZ!

Thursday 28th September at 7.30pm

Entrance £2 per person

Prize for the winning team

Bring your own refreshments and glasses

Club Dates

Pool
19th September
7pm—9pm



Craft & Chat
13th & 27th September
2pm—4 pm



Book & Jigsaw Exchange
7th & 21st September
3.30 pm—4.30 pm



The Mawbray Film Club
presents

15

A MAN CALLED OTTO

SATURDAY
16 September

The film starts
at 7:00pm



Bring your own cushions, if you wish.

Bring your own refreshments, cups/glasses. All rubbish to be taken with you when you leave at the end of the evening.

Children must be accompanied by an adult.

Please book using the contact numbers below to ensure you get a seat.

You must be a member to participate	
Lifetime Membership £5.00 per adult £8.00 per couple £10.00 per family	Film Night Charge £3.00 per adult £1.50 per child (under 16)

To join and/or to book
contact Brian or
Lynda: 01900 881737
07542 781234
07926 810074

KIRKBRIDE NEWS

Church Prize Draw

July Draw
£20 Kerrian Stamper
£10 Ann Little
£5 B Reay

August Draw
£20 Andrew Jefferson
£10 Diane Schofield
£5 Jennifer Sowerby



Kirkbride Primary School
Kirkbride
Wigton
Cumbria
CA7 5JR
Tel: (016973) 51483

Head Teacher: Mrs K.L. Barley
email: head@kirkbride.cumbria.sch.uk

Kirkbride Primary School
Barbara Ann Jones Fund

In October 2018 the school was left a financial legacy by Barbara Ann Jones, the daughter of the late Dr John Coulthard McVittie, OBE, MB, CHB, DPH, who attended Kirkbride Primary School, to support young people's further education.

A payment may be available for young people taking recognized courses of Further Education after leaving Year 11. Applicants must be under 25 on 1st September 2023 and must live in the Parish of Kirkbride, or be a former pupil of Kirkbride Primary School.

Application forms are available from the school website www.kirkbride.cumbria.sch.uk – go to 'Key Information – Barbara Ann Jones Fund.'

Application forms must be returned by email by 4pm Friday 15th September 2023 to clerk@kirkbride.cumbria.sch.uk

Late applications will not be considered.



The Magazine would like to apologise for the mistake in the last issue for using the wrong letter. We had 2 files & the wrong one was included

Macmillan coffee morning
At Kirkbride Church Hall
On Saturday 30th September
10 am until 12.

All donations would be gratefully received.
For more information please ring
Christine 51686 Or Josephine 51843.

NEWTON ARLOSH NEWS

St John's Church Draw

July

£20 No153 Joan Kenny

£10 No 25 Karen Welsh

£5 No 170 Kevin Andrew

August

£20 No 56 Sophie Pinguey

£10 No 71 Sandra Harrison

£5 No191 C&R Pearson

Harvest family service

Sunday 8th October 2023

we will be decorating the church on Saturday 7th October 2023

10.30am onwards

Harvest sale of produce by auction on Monday 9th October 2023 at

7.30pm held in parish hall

DATES FOR YOUR DIARY

NEWTON ARLOSH PARISH HALL

CHRISTMAS BINGO & RAFFLE

FRIDAY 24th NOVEMBER 2023

Children's christmas party for 11 years and under

Held on 16th December 2023

MORE DETAILS TO FOLLOW

NEWTON ARLOSH COMMUNITY CINEAMA CLUB

Obviously we are a small friendly club

Obviously we value our members

Obviously we would love you to come and join us once a month to enjoy a good film on a large screen in our Parish Hall.

We provide tea & coffee.

You have the option to vote on films.

You are able to bring your own beverages.

You are able to purchase ice creams

You will be on our WhatsApp group

You are asked to message us on

sarahwhitaker364@btinternet.com

Or newton arlosh community committee Facebook page

Craft club at Kirkbride church hall. Every Wednesday 1.30 until 3.30. If you don't feel like crafting then just come for a chat. For more information please ring Christine Smithson 01697351686 or Josephine Jefferson 01697351843.

Coffee morning at Kirkbride church hall Every Friday 10.30 until 12 noon. For more information please ring Christine Smithson 01697351686 or Josephine Jefferson 01697351843.

NEWTON ARLOSH NEWS

YOGA CLASS

Any one interested coming to Yoga Classes
Held in Newton Arlosh Parish Hall
Every Thursday Evening 6 till 7 pm
Price would be Drop In £7
or 5 weeks @ £30
Please Contact Sammy
Tel 01697352611 Mobil 0785457507

Port Carlisle Bowling Club

Open again for outdoor bowling .
Welcome to new and old members or just come and try.
Saturday afternoons and Wednesday mornings
Find us on Facebook
www.portcarlislebowlingclub.co.uk
Telephone 01228 576398

Solway Gardening Society Meetings

Thursday 21st September
Port Carlisle Bowling Club
Vegetables

Vegetable growing made easy with Jim Robinson, who is a renowned expert on all things veggie. Why do my courgettes rot? Why did my garlic just sit there and sulk? We've got Jim to give us the answers to these and other problems.

Thursday 19th October
Newton Arlosh Parish Hall
What The Romans Did For Us

Elsa Price from Tullie House and Don O'Mera from Historic England talk about 'What The Romans Did For Us'. They will include historic artifacts recovered from our local area as well as looking at what plants and vegetation the Romans imported.

Meetings are held on the 3rd Thursday of the month at 7.30pm unless otherwise stated. Subscriptions are very good value at £7.50 per year.

*More information from our secretary -
Robert Bellett 01697352953 or robertbellett@gmail.com*

SILLOTH NEWS

Border Concert Band

The Border Concert Band are making a welcome return to Silloth for a concert on Saturday 21st October in Christ Church, Silloth at 7.00pm

SILLOTH NEWS



Churches Together in Silloth and Aspatria

SEA SUNDAY

Churchgoers, lifeboat volunteers and fundraisers, and visitors came together at the lifeboat station on Sunday July 9th to celebrate and pray for all whose life is associated with the sea. Margaret Gate, the RNLI chaplain led the service with prayers and readings by Rev Alistair Smeaton and Helen Wilson and an address by Rev Andrew Callaway. New Lifeboat Operations Manager Jeanette O'Connell gave a report on the year's activities. Carolyn Fyffe and AnneLouise Rothwell provided the music for some lively singing. The sun shone and several passers-by and their dogs joined us. It was a joyful afternoon and £160 has been donated to The RNLI and seafarers' charities.

St Andrew's United Reformed Church

On Sunday 3rd September at 2pm there is a service to mark the Closure of the Church and to Celebrate its life and Service.

The service will be followed by the opportunity to share memories over refreshments in the church hall – all welcome.

A Tribute to Kathleen Ferrier

Sunday 17th September at 2.30pm in Christ Church, Silloth

A Concert with Wendy Sharrock, Mezzo Soprano with favourite songs sung by Kathleen Ferrier. Kathleen moved to Silloth when her husband Herbert Wilson became manager of the District Bank. After winning trophies at the Carlisle Music festival for piano and singing, her first professional engagement was at a Harvest Festival service in Aspatria, before becoming a national and international star. She died at the age of 41 in 1953 of breast cancer, bringing an end to her short but remarkable career.

Silloth Men's Breakfast

Venue – Christ Church, Silloth

Time – 9.00am to 10.15am

Date – First Saturday of the month

There is no charge for joining us for breakfast though a donation of £5 towards the costs would be appreciated. All we ask is you let us know you are coming so we can cook the right number of breakfasts.

For more information or to book a place contact Phil Jackson at philip.jackson@methodist.org.uk

SILLOTH NEWS

Causewayhead W I 14th June 2023

Today we welcomed Kelda Roe from the Cumbria Archives. Kelda is based at the Cumbria Archives Centre in Carlisle and she is an Archivist. She came to tell us about the role of Archivists and Archives. Archives are collections of information in many different forms such as letters, reports, photographs, maps. Many such items were originally kept for legal requirements e.g. Title Deeds for properties, wills and estate papers. Archivists make collections available for display and exhibitions and they are responsible for cataloguing and indexing collections. They can also help members of the public who write or email in asking for help finding information and assist people who call into the Archives searching for information too. The National Archives collection includes a range of diverse items from The Domesday Book to records of MP's tweets on social media. Archives are also collected by enthusiasts, private individuals and charities. Kelda herself worked with The Religious Archives at Windsor Castle, then for Unilever looking after brand information. She also spent a year cataloguing archives for Rugby League in Huddersfield and then found her way to Cumbria via the Mountain Heritage Trust where she catalogued things such as mittens, tents and diaries. Kelda also curated the first ever exhibition of Women's Mountain Climbers at Keswick Museum. As a county, Cumbria is lucky enough to have archives in Kendal, Barrow and Whitehaven as well as Carlisle. Carlisle has recently had a new archive built which includes 12km of mostly moveable/sliding shelving to provide maximum storage. There are 12,000 boxes of Estate Records alone. There are things as diverse as records on mining, railways, social organizations including WI collections, maps and plans, solicitors' legal documents, council documents and even court books which relate to various manors and detail worth, land, boundaries etc. The archives are accessed by many people, often they will be looking at property details, land or boundary lines or tracing family histories. Currently the archivists in Carlisle are looking to record 60,000 old wills onto a digital platform to make them more easily accessible and to limit damage from handling to the original documents in their care. Carlisle's Archives also has a conservation team who look to preserve items in the archives and they also do bookbinding work to replace badly damaged covers on old books/documents. New bindings are always sympathetic to the originals. We are hoping to arrange a visit to the Archives in Carlisle in the near future. Perhaps to peruse the history of the Women's Institute in our county

EVENSONG IN CHRIST CHURCH

Traditional Book of Common Prayer Evensong
will be celebrated on **Sunday September 24th at 5pm.**

Sung responses, psalms and canticles.

All are welcome.

WAVERTON NEWS

Causewayhead W I 12th July 2023

Causewayhead W I had a night time meeting and welcomed Catherine Smith who is a Cold Water Enthusiast and Forest Bather and an advocate for Trees. She came to us glowing with good health from a swim in Crummock tonight.

Catherine says the experience of being in cold water improves physical and mental well-being and that before taking up the activity she was a little lost, having raised her children to the point where they didn't need her so much, she lacked direction and was struggling with low self-esteem and not keen to meet new people. A friend managed to persuade her go into cold water to paddle and she felt invigorated. She told her husband she would be taking up cold water swimming within the year but within a week she was up to her neck in water of 4 or 5 degrees and she felt alive and energised. Within a fortnight she was hooked. If Catherine can't get out to immerse herself in a lake or river, she has a plunge barrel in her garden and in winter she will happily break the ice and get in the cold water. It gives her a sense of euphoria and a real buzz. She says a dip in the cold sets her up for the rest of the day and fills her with self-confidence and self-belief, if she can do that, she can do anything. Catherine has a friend who doesn't swim but who still finds benefits in simply standing in cold water. Simply putting your feet in a bowl of ice cubes can have a positive effect. Catherine talked of the Oyster Diving ladies in Japan who are a group of ladies in their 70s and 80's who keep themselves healthy and active by swimming. Catherine has been feeling the benefits of cold-water immersion for 3 years come March and feels as though she knows her body so well. She advocates taking no risks and being aware of your own body should you decide to have a go. Catherine then went on to talk about the positive effects of Forest Bathing and how it can help with the quest for better health. Learning to "deep breath" properly, amongst the trees and to listen to and immerse yourself in the sounds of the wood or forest can help you relax and bring about a sense of calm. In Japan "Forest bathing" has become a form of treatment for stress, anxiety and illness and the economy has moved away from pharmaceutical commitments and is now helping to replenish and maintain forests, so that people can benefit from being in them and of course air quality outside them is also greatly improved. Catherine then went on to say that Cumbria was once 97% deciduous forest with Rowans and Oaks amongst other native trees, now there is only a 7 per cent coverage and that the benefits of re foresting long term far outweigh the ones for growing for speed to feed the shorter-term manufacturing needs.

We would like to thank Catherine for giving her time to inspire us and if you see a group of ladies, from 50 to 90 plus, trousers rolled up and dipping their toes in the Solway from the shore of the West Beach, feel free to give us a wave or come and paddle with us.

SILLOTH NEWS

SOLWAY MISSION COMMUNITY UNITED PRAYER

These informal times together are take place in different churches around the Mission Community. Look out for notification of dates and venues in parish notices etc.

Everyone from the churches of the Mission Community – Wigton, Silloth, Aspatria and the associated churches – is invited to come along and join with Christian brothers and sisters and bring to God the people and situations that concern us.

There will be a general programme of subjects to pray about but everyone is free to bring forward whatever is on their hearts, or simply be part of the united circle. There will be a time of silent prayer and contemplation.

WAVERTON NEWS

Dundraw WI

The president Lesley Evans welcomed twenty -two members and a guest to the July meeting.

She thanked members for attending and contributing to the Trustee's coffee morning held at Blencogo. The sales table had raised £149.50.

The Book Club meeting will be on Tuesday 18th July at Gaynor's.

The next meeting of the Lunch Club will be on Wednesday 23th August at the Fox and Pheasant, Armathwaite.

Names were taken for the August outing. This will be a guided tour of Carlisle Cathedral with tea and cakes to follow in the Fraternity. Everyone to meet at the Cathedral for a 1pm start.

Dawn Ayres spoke to the meeting about the WI's resolutions and the present campaign urging members to take action to protect our vital river network from pollution. She also urged members to consider joining the WI's sub committees

Unfortunately, the planned speaker had to cancel but a stoical WI husband stepped in to save the day.

John Daly a retired paramedic brought along a defibrillator and Resusci Anne, who acted as a model for his demonstration of how to use the defibrillator. John's aim was to assure us all that we could use the defibrillator if necessary. He emphasised the need for more of these machines suggesting that all businesses should have one on their premises as rapid access determined a successful outcome for the patient. He was thanked by Lesley.

John judged the competitions. Jane Launchbury won the competition for a piece of jewellery with a story. Gill Hazlehurst came second.

Flower of the month was won by Gill. Mary Howe came second.

The raffle was won by Irene Huddart.

This concluded the meeting.

WESTNEWTON NEWS

VILLAGE HALL 100 CLUB

June

£20 Mrs I Bell, £10 Mrs M Scott, £5 Mrs H McCleod

July

£20 S & A Thompson, £10 J SIM, £5 S Szandurski

Would anyone like to contribute alter flowers in the church for a special date? Perhaps in memory of a loved one. Please contact Shiela Szandurski 01697321073

Dominos in the Village Hall
Saturday's @ 2pm £3 to play
Contact Martha 20944 or Sheila 21073 for information

Summer Fayre weekend

Many thanks to all involved, those who helped and those who came and bought from the craft stalls, church stall, books and teas

From the Library

One of the books i have been reading is titled ' Tales by the nursery fire' by Noel Streatfield. It is the true story of Emily Huckwell, who went into service as a children's nanny when she was eleven years old. She worked her way up to become a head nanny and one of the children in her care was the father of the author of the book.
Good reading.

Bible Crack led by Rev Malcolm Stillwell @ Midtown House
Telephone Martha 20944 for information. Everyone in the Solway Plain Parish and surrounding area is welcome to join us for this informative and sometimes amusing little study.

The Sales Table .

Sales table Midtown House
£100 sent to Guide dogs for the blind
Jam, marmalade and chutney still for sale
Call or contact Martha 20944

Westnewton Village Hall

PIE & PEA SUPPER

SEPTEMBER

22

Friday

From 6.30pm

Please contact Claire on 07876 554596 or Kelly on 07909 518645
before Friday 15th if you would like to attend.

£5.50 per adult. £2.25 per child. Tea, Coffee and Juice provided.

Please feel free to bring your own drinks.

Vegetarian option available.