

# Solway Plain Magazine



# October 23

## **CHURCHES - INFORMATION**

The Parish of the Solway Plain is a Registered Charity No. 1187312

### **Ministry Team Phone Numbers & E-mail Addresses:**

Revd Canon Bryan Rothwell ( Rector) 016973 31413(bryanrothwell@btinternet.com)  
Revd Malcolm Stilwell (Assistant Priest) 07918134069 (mcstilwell18@gmail.com)  
Canon Geoffrey Ravalde (Associate Priest) 01228 710525 [gpravalde@yahoo.co.uk](mailto:gpravalde@yahoo.co.uk)  
Tim Barker (Reader): 016973 31246 (twbarker2@gmail.com)  
Christine Young (LLM) 016973 23172 (Christine.young6@googlemail.com)  
Josephine Jefferson (LLM) 016973 51843 ( josjefferson80@gmail.com)  
Carolyn Fyfe (LLM) 07934610410 (celainefyfe@gmail.com)  
Frances McIntyre (Parish Safeguarding Officer) 016973 44756 frannymac55@gmail.com

### **Solway Plain Churchwardens:** (all 016973 unless stated)

<u>Bromfield:</u>	Shirley Holland Reid 07592031263	Mary Douglas (61670)
<u>Holme Cultram Abbey:</u>	Margaret Graham (61861)	Brenda Sim (61224)
<u>Holme St Cuthbert:</u>	Brian Bailey 01900 881737	Lynda Bailey 01900 881737
<u>Kirkbride:</u>	Josephine Jefferson ( 51843)	Steven Sowerby (52987)
<u>Newton Arlosh:</u>	Sherry King 07712454361	Willie Bell (51311)
<u>Silloth:</u>	Jean Oliver (32271)	Margaret Graham (31452)
<u>Westnewton:</u>	Christine Young (23172)	Mary Hodgson (21821)

### **Solway Plain Churches Website**

[www.solwayplainchurches.org.uk](http://www.solwayplainchurches.org.uk)

### **Solway Plain Magazine Office**

64 Victory Crescent Maryport Cumbria CA15 7ND  
Email; [solwayplainteammag@yahoo.co.uk](mailto:solwayplainteammag@yahoo.co.uk)

### **Midweek Services in the Solway Plain :**

Silloth **Thursday** 10am Said Communion.

### **Roman Catholic Services:**

**Saturday;** Silloth:6pm

**Sunday;** Wigton: 9.00am

Maryport: 11am

Enquiries: Maryport: 01900 812157

### **United Reformed Church**

Silloth 2pm

Enquiries Sue Calvert 016973 32341 .

### **Pentecostal Church**

Greenrow, Silloth 10.45am & 6pm

Enquiries 016973 32248

### **Evangelical Free Church**

Silloth **Thursday** 7.30pm

**Sunday** 10.45am & 6.30pm

Enquiries 016973 31711

## **DEADLINE FOR NEXT MAGAZINE:**

**By midday on 10th of each month**

**All copy must go to The Magazine Office by post or email**

## **LETTER FROM THE MINISTRY TEAM**

God saw all that he had made, and it was very good. The Lord God took Adam and put him in the Garden of Eden to work in it and take care of it.

Genesis 1:31, 2:15

Creation and its development is seen by the writer of Genesis as a joint achievement - something in which God involves the human beings of his world, listening to them and learning from their experience of using the world he has made available to them, so that it can become even better.

If we think back through the history of the human race we can see how over thousands of years, human beings have made further and further advances in understanding and using the world. Not all of these have been for the best. There is the ongoing debate about nuclear energy - a force which can destroy as in the Nuclear Bomb, or provide cheap electricity which we depend on. Highlighted again in the recent film release of Oppenheimer.

Genetic engineering - which has had the benefit of providing different kinds of wheat which will grow in some of the harshest of climates, providing much needed crops and food for people who have little to eat - or the fears of genetic mutations which will affect the balance of life in the world. With the war in Ukraine affecting the production of wheat and other exports, the work being done in securing food supplies is challenging. Or the production of drugs, which can be used to heal, or can be used by addicts, and cause immense suffering. The emergence of Covid-19 has brought about immense questions about development of vaccines to combat infections.

These are all ways in which humans have co-operated with God (perhaps sometimes without knowing it). We need to think carefully about how we use new discoveries, and how we find ways of applying those discoveries so that more and more people benefit.

As people of faith, we believe that God must surely rejoice and be glad that his creation has been so gloriously developed, that creative minds have been able to explore in so many varied areas. When advances are made or wrongs put right, they are the cause for joy and delight, for God as well as the humans who are made in his image and likeness.

So it is at our Harvest services that we rejoice with God in his creation, rejoice with those who use their skills to provide for our daily needs, and find ways to share with those who have little from the abundance of this world.

And in co-operation with our God who has bestowed on us our gifts and abilities we are reminded of the part we play in sharing the good news of his love.

Bryan

## SOLWAY PLAIN PARISH SERVICES

Date	Time	Service	Church	Leader	Readings
1 <sup>st</sup> Oct  Trinity 17	8.00am 9.30am 9.30am 10.30am 10.45am 11.00am 4.00pm 7.00pm	HC HC Harvest HC Harvest HC Harvest Harvest Harvest	Silloth Holme St Cuthbert Kirkbride Holme Cultram Newton Arlosh Silloth Westnewton Bromfield	BR GR BR FMcl BR TB TB BR	Philippians 1: 1-13 Matthew 21: 23-32      Green
8 <sup>th</sup> Oct  Trinity 18	9.00am 9.30am 9.30am 9.30am 10.30am 10.45am 11.00am	HC FS HC FS HC Harvest HC	Westnewton Holme St Cuthbert Bromfield Kirkbride Holme Cultram Newton Arlosh Silloth	GR BR MS TB GR DR MS	Philippians 3: 4b-14 Matthew 21: 33-46     Green
15 <sup>th</sup> Oct  Trinity 19	9.00am 9.30am 9.30am 9.30am 10.30am 10.45am 11.00am 4.00pm	MP HC MP HC MP HC MP Healing	Westnewton Holme St Cuthbert Bromfield Kirkbride Holme Cultram Newton Arlosh Silloth Newton Arlosh	TB DK BR MS TB MS BR CY	Philippians 4: 1-9 Matthew 22: 1-14     Green
22 <sup>nd</sup> Oct  Trinity 20	9.00am 9.30am 9.30am 9.30am 10.30am 11.00am	HC MP HC MP HC HC	Westnewton Holme St Cuthbert Bromfield Kirkbride Holme Cultram Silloth	MS TB BR JJ MS BR	1 Thessalonians 1: 1-10 Matthew 22: 15-22    Green
29 <sup>th</sup> Oct  Bible Sunday	10.00am   5.00pm	Mission Community Service  Evensong	Kirkbride   Silloth	BR   TB	Colossians 3: 12-17 Matthew 24: 30-35  Green

For Clergy names see Churches information at front of magazine  
DK = David King    DR = David Ross

## CHURCH ROTAS

### Bromfield

Date	Sidesperson	Flowers	Church Cleaning
01	Mr Sharp		PCC TEAM
08	Miss Wilson		
15			
22		E Bramley	

### Holme Cultram Abbey

Date	Reader	Sidesperson
01	Anita	Elaine
08	Sarah	Margaret
15	Bill	Elaine
22	Norman	Margaret

### Holme St Cuthbert

Date	Reader
01	Helen
08	Lynda
15	Rosie
22	Brian

### Kirkbride

Date	Sidesperson	Flowers	Church Cleaning
01	S Sowerby	L Beattie	Mrs D Wills
08	L Beattie		Mrs K Norden
15	J Jefferson		Mrs R Stamper
22	S Sowerby		
29	J Jefferson	A Little	A Little

### Newton Arlosh

Date	Sidesperson	Flowers	Church Cleaning
01	S King	O Reed	M Reed
08	E Bell	Harvest	Whoever can help
15	R Pinguey	O Reed	M Reed

## CHURCH ROTAS

### Silloth

Date	Sidesperson	Reader	Flowers
01	J Oliver	M Kent	
08	F Jackson	A Rothwell & M Graham	
15	I Lomas	M Graham & I Lomas	
22	M Graham	M Kent & J Oliver	

### Westnewton

Date	Warden	Sidesperson	Flowers	Church Cleaning
01	Mrs Hodgson	Mrs Walker	Harvest	Church Committee Members
08	Mrs Young	Mr Wardle		
15	Mrs Hodgson	Mrs Szandurski	Mrs	
22	Mrs Young	Mrs Launchbury	Shardlow	

## PARISH REGISTER

### Baptism

#### Holme St Cuthbert

Gwenyth Rae Oldroyd	24/08/23	Canon B Rothwell
Rolland Robert Oldroyd	24/08/23	Canon B Rothwell
Laurian Jack Taylor	24/08/23	Canon B Rothwell
Rowan Douglas Taylor	24/08/23	Canon B Rothwell

### Funeral

#### Bromfield

Richard Sewell	05/09/23	Canon B Rothwell
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#### Newton Arlosh

Denise Frizell	15/09/23	Canon B Rothwell
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#### Silloth

Mary Busby	01/09/23	M Gate
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### Burial of Ashes

#### Newton Arlosh

George Maughan	30/08/23	Canon B Rothwell
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## **SOLWAY PLAIN NEWS**



### **Healing service**

Our monthly healing service for October will be on Sunday 15th in St John's, Newton Arlosh starting at 4.00pm.

Do join us for a service of quiet prayer and reflection where we seek God's healing and wholeness.

### **Prayer line.**

As part of our parish prayer life we would like to hear prayer requests either for yourself or for those you know who need prayer. We will then pray for them in the monthly healing service and in our own prayer time. There are two ways to pass prayer requests to the team. You can either call Francess McIntyre on 07967376356 or email [prayer@solwayplainchurches.org.uk](mailto:prayer@solwayplainchurches.org.uk)

All we need is a name and a brief description of what we are to pray for, we do not need much detail, if God knows when a sparrow falls to the ground he knows what we are all going through and how to help. If the request is for someone else please check with them that they are happy for you to pass their name on for pray

### **Licensing of Revd Andrew Callaway in Patterdale**

22 parishioners & a dog! Travelled to Patterdale to support Andrew & Carol at the licensing service with the Bishop of Penrith on 5th September. We congratulate Andrew on his new appointment



## **SOLWAY PLAIN NEWS**

### **Solway Plain Website**

Details of all our Churches in the Solway Plain Parish are available on our parish website. There is a calendar of events and services that are taking place in our Parish. If you use an online calendar you can subscribe to the calendar to add the calendar to your own online diary (click the + button at the bottom right of the calendar)

[www.solwayplainchurches.org.uk/events](http://www.solwayplainchurches.org.uk/events)

### **Revd Cornelia Noghiu**

Revd Cornelia Noghiu will be joining us as Assistant Curate in the Solway Plain Parish at the end of October. Cornelia's and her husband Bernard are moving to Maryport where Bernard will be the Vicar. Cornelia has completed her first year of her curacy and will be ordained Priest at the beginning of her ministry in Cumbria. We look forward to welcoming her

## **SOLWAY MISSION COMMUNITY**

### **PRAYER SUPPER**

Friday October 6th at 6pm  
Wigton Methodist Church

Acts ch 2 vs 42 – And they devoted themselves to the apostles' teaching and fellowship, to the breaking of bread and the prayers.

To reopen our series of united prayer meetings, all members of the Solway Plain Mission Community – Wigton, Silloth, Aspatria and the associated churches – are invited to imitate the early Christians in Jerusalem and come to a bring and share supper.

We can eat and chat together and then devote some time to reflection on prayer, sharing concerns and blessings.

Do take this opportunity to unite together informally and share food for our bodies and our spirits.

For more information and to give us an idea how many are coming, please contact Alan Fearon 016973 42454 or Tim Barker 016973 31246

## ABBEYTOWN NEWS

### **Monthly Munches October & November**



October's Monthly Munch will be on  
Thursday 5 October 2023.  
We will be having a Chicken Casserole,  
Mashed Potatoes, and Fruit Crumble.

~

November's Monthly Munch will be on  
Thursday 2 November 2023  
We will be having Beef Stew  
and Rice Pudding.



~

(Vegetarian option available for both dates please ask)

~

Takeaway £7.00 – collection from 11.30am  
Eat in £8.00 (includes tea/coffee) between 12pm – 1pm

There will be a raffle too!

For more information, please contact Brenda – 016973 61224 or  
Anita – 016973 61113.



**At Holme Cultram Abbey**

**On Saturday 18 November between 10am – 4pm**

**&**

**Sunday 19 November between 12pm – 4pm**

**Admission £2.00 includes tea/coffee and a mince  
pie or biscuit.**

**There will be various stalls for you to purchase  
gifts.**

~

**Santa will be visiting us between 12pm and 3pm  
on both days!**



## ABBEYTOWN NEWS



At Holme Cultram Abbey

On Thursday 7 December

With one sitting for eating at 12.30pm

Eat in or takeaway both £15.00

We kindly request that full payment of £15.00 is required on booking to secure your place please.

For more information or to book, please contact Brenda – 016973 61224 or Anita – 016973 61113



Join us for an afternoon of music with the Dalston Male Voice Choir at Holme Cultram Abbey on Sunday 10 December at 2.30pm  
Tickets/entry £10.00 (includes refreshments)  
For more information or to book, please contact Brenda – 016973 61224 or Anita – 016973 61113

We now have a new children's corner in the Abbey, generously funded by the Mothers' Union. Toys and colouring are provided in a carpeted area. We hope that this will make it easier for parents to come to church services.



Don't forget that Coffee and Chitchat takes place on a Wednesday at 10am, and feel free to bring your children or grandchildren along to play in the toy corner while you enjoy a cuppa and a natter

## ABBEYTOWN NEWS

*Abbeytown  
Community*



Please do join us for our events this Autumn:

Sunday 1st October 10.30am, Holme Cultram Abbey – Harvest Festival: a service of thanksgiving for our food and our farmers, as well as a time to reflect on our environment and how we treat it. Traditional Harvest hymns, interactive prayers, and creative activities. Family-friendly fun – bring your children and grandchildren!

Saturday 4th November, 2pm, Holme Cultram Abbey – all things to do with bees!

Saturday 2nd December – come and find us at the Rec, where we will be joining in with the Abbeytown Christmas lights switch-on. We will be leading the carol sing-a-long and making Christmas decorations

### **Abbeytown Parish Council**

We would like to thank local businesses, residents and all that attended our first family fun day. We had an amazing turn out, we've estimated there was about 400-500 people. Monies from the tombola, raffle and donation buckets totalled £1023.75 which we will put straight back into events for Abbeytown. What an amazing village we are.

We would like to ask local residents if they have any old pictures of the village that we could borrow. We are creating a new village sign and would like some old pictures to add on. Can be collected and returned. Please message Ashleigh on 07950300027 or contact our Facebook page (Abbeytown Parish Council)

Date for your diary Sunday 5th November - Bonfire night, details to follow.

## BROMFIELD NEWS

### **Bonus Ball Winners**

DATE	NUMBER	WINNER	AMOUNT
5	2	L. Brown	£30
12	44	P. Marshall	£30
19	8	S. Roberts	£30
26	43	G. Atkinson	£30

## BROMFIELD NEWS

### **Bromfield News**

St. Mungo's Church Yard Tidy – Many thanks to all those that helped with the churchyard tidy up. Helpers included Sue Shardlow, Lucy and Adam, Lorraine Brough, Kirsty Fullerton, Mary Douglas and Paul Reid. A huge thank you to Ian Brough, John Lee and Messrs Armstrong as not only did they provide heavy machinery and tools, they also provided the labour. They were magnificent, we could not have achieved so much without them. True community spirit. The weather was good and we worked all day. Well done everyone.

We are holding a Bingo night in the Greyhound Inn on Wednesday, October 25th. Prizes will be given for full lines and full houses will receive cash payments. There will be six games and the evening will include a pie and pea supper. See the poster in this magazine. Last year's event was very well attended, please do come and join us, and enjoy Tony Harrison's fabulous pie. I can guarantee that you will enjoy it!! Eyes down and look in everyone!!

Hope to see you at the Bingo.

Wednesday October 25<sup>th</sup>

7.30pm

Greyhound Inn



**PIE**  
*and*  
**PEAS**  
**SUPPER**

**with**

**B I N G O**

Adult £8 pp and Child £4 pp

Bingo books sold on evening with a  
Raffle

**Bookings - ring Shirley 07952 031263**

## BROMFIELD NEWS

Blencogo Village Hall

82

67

52

31

### **Blenco(go) Party Bingo**

Saturday 14th  
October

At Blencogo Village Hall  
7pm Start till late

Bring your own bottle

\$10 per  
ticket

Text Donna

On: 07398769356

**18+**  
ADULT ONLY



5

3

9

1

11

pageborders.org

### **Pensioner's Lunch**

Saturday 13th January 2024 to be seated for 12.30pm

This event is free to any pensioners who live in the parish or neighbouring area. Please contact Liz to book your places by no later than Wednesday 3rd January 2024. Tel. 61114 or 07852866177

### **BLENCOGO ART GROUP**

Blencogo art group is hoping to start meeting again on Monday Afternoons. If you are interested please telephone Graham on 016973 61158 for more information.

## HOLME ST CUTHBERT NEWS

### 100 Club

#### The winning numbers for

#### August 2023

1 <sup>st</sup> Prize No. 30	John Pearson
2 <sup>nd</sup> Prize No. 89	John Wise
3 <sup>rd</sup> Prize No. 98	Steve Sealy
4 <sup>th</sup> Prize No. 13	Geoff Watson

Just £12 per year to help church funds

Come on support your local church,  
with a chance to win, buy a number.

Contact Brian Bailey on: -01900 881 737 / 07542781234

### Holme St Cuthbert Harvest Festival



#### The Service

Come and join us at our Annual Harvest Festival Service at Holme St Cuthbert Church on Sunday 1st October at 9.30am.

Any contributions of fresh fruit and veg would be very welcome which will be auctioned the following day to go towards church funds.

#### The Auction

The Harvest Auction will be in the Church Hall Monday 2nd October at 7pm come and buy some local produce at great prices and support your church.

## HOLME ST CUTHBERT NEWS

### MAWBRAY VILLAGE HALL



Thursday 26th October at 7.30pm  
Entrance £2 per person  
Prize for the winning team  
Bring your own refreshments and glasses

### Club Dates

Pool  
3rd, 17th & 31st October  
7pm—9pm



Craft & Chat  
11th & 25th October  
2pm—4 pm



Book & Jigsaw Exchange  
5th & 19th October  
3.30 pm —4.30 pm



## HOLME ST. CUTHBERT CHURCH



**We are tidying up the older part of the graveyard on  
Saturday 7<sup>th</sup> October 12 noon onwards.**

**SO**

**We are looking for willing hands, strimming, pruning and  
general tidying up.**

**WE REALLY NEED YOUR HELP TO KEEP YOUR CHURCH  
LOOKING NEAT AND TIDY.**

# HOLME ST CUTHBERT NEWS



The Mawbray Film Club  
*presents*

12

## The Unlikely Pilgrimage of Harold Fry

**SATURDAY  
14 October**

The film starts  
at 7:00pm



Bring your own cushions, if you wish.

Bring your own refreshments, cups/glasses. All rubbish to be taken with you when you leave at the end of the evening.

Children must be accompanied by an adult.

Please book using the contact numbers below to ensure you get a seat.

You must be a member to participate	
<b>Lifetime Membership</b> £5.00 per adult £8.00 per couple £10.00 per family	<b>Film Night Charge</b> £3.00 per adult £1.50 per child (under 16)

To join and/or to book  
contact Brian or  
Lynda: 01900 881737  
07542 781234  
07926 810074

BUY LOCAL

SUPPORT ARTISTS



## Christmas Craft Fair

Sunday 12 November 2023  
10am - 4pm

An assortment of crafts, gifts,  
jewellery, cards, jams and chutneys.  
Tea room with delicious home-cooked  
light lunches, a selection of  
home-baked cakes, teas & coffees.

Take away available.

Culterham Hall, Mawbray



## HOLME ST CUTHBERT NEWS

**A night with the  
Ukes of Allonby**

**CULTERHAM HALL**

Join us for a night of music  
with the Ukes of Allonby at  
Culterham Hall, Mawbray on

**Saturday 2 December  
at 7:30pm**

Bring your own drinks.

**MERRY  
CHRISTMAS**

**£5**  
per head  
includes beef burger  
or sausage bap

*Booking is essential.  
Contact Lynda on:  
01900 881737 or  
07926 810074*

## KIRKBRIDE NEWS

### **Church Prize Draw**

September

£20 John Noblett

£10 Martine Swords

£5 Lyn Taylor

We are coming to the year end of the monthly draw, so we will be selling tickets very soon.

Thank you to all who supported us in the past year as we made £535 for church funds.

## **NEWTON ARLOSH NEWS**

### **St John's Church Draw**

September Draw

£20	No 150	Kelsey Moorhouse Road
£10	No 113	Sara Watch Hill
£5	No 15	Chelsea Farish

### **Harvest family service**

Decorating our church for harvest on Saturday 7th October 2023  
from 10.30 onwards

Sunday 8th October Morning Family Service @ 10.45am

Monday night 9th October

Harvest sale of produce will be Auction by John Graham this will be held  
in the parish hall there will also be a raffle We do need your support and  
help Thank You.

### **DATES FOR YOUR DIARY**

NEWTON ARLOSH PARISH HALL  
CHRISTMAS BINGO & RAFFLE  
FRIDAY 24th NOVEMBER 2023

Children's christmas party for 11 years and under

Held on 16th December 2023

MORE DETAILS TO FOLLOW

### **NEWTON ARLOSH COMMUNITY CINEAMA CLUB**

Friday 6th October 7pm

Saving Grace

New and Former members most welcome

### **Port Carlisle Bowling Club**

Open again for outdoor bowling .

Welcome to new and old members or just come and try.

Saturday afternoons and Wednesday mornings

Find us on Facebook

[www.portcarlislebowlingclub.co.uk](http://www.portcarlislebowlingclub.co.uk)

Telephone 01228 576398

**Craft club** at Kirkbride church hall. Every Wednesday 1.30 until 3.30. If  
you don't feel like crafting then just come for a chat. For more information  
please ring Christine Smithson 01697351686 or Josephine Jefferson  
01697351843.

**Coffee morning** at Kirkbride church hall Every Friday 10.30 until 12  
noon. For more information please ring Christine Smithson 01697351686  
or Josephine Jefferson 01697351843.

## **NEWTON ARLOSH NEWS**

### **YOGA CLASS**

Any one interested coming to Yoga Classes  
Held in Newton Arlosh Parish Hall  
Every Thursday Evening 6 till 7 pm  
Price would be Drop In £7  
or 5 weeks @ £30  
Please Contact Sammy  
Tel 01697352611 Mobil 0785457507

### **Solway Gardening Society Meetings**

Thursday 19th October

Newton Arlosh Parish Hall

'What The Romans Did For Us'

Elsa Price from Tullie House and Don O'Mera from Historic England talk about 'What the Romans Did For Us'. They will include historic artefacts recovered from our local Area as well as looking at what plants and vegetation the Romans imported.

Thursday 16th November

Kirkbampton Village Hall

'Gardening the French Way'

The warmth and vivid light of the French Riviera will lift us in the dark and autumn days as Sheila Ripper takes us on a trip round some beautiful gardens in the south of France.

Meetings are held on the 3rd Thursday of the month at 7.30pm unless otherwise stated. Subscriptions are very good value at &7.50 per year.

More information from our secretary -

Robert Bellett 01697352953 or robertbellett@gmail.com

## **SILLOTH NEWS**

### **Border Concert Band**

The Border Concert Band Autumn Concert in Christ Church, Silloth on Saturday 21st October in Christ Church, Silloth at 7.30pm. Tickets £8 or pay on the door. Includes refreshments.

### **EVENSONG IN CHRIST CHURCH**

Traditional Book of Common Prayer Evensong  
will be celebrated at Christ Church  
on Sunday October 29th at 5pm.  
Sung responses, psalms and canticles.  
All are welcome.

## SILLOTH NEWS

### **Silloth Men's Breakfast**

**Venue** – Christ Church, Silloth

**Time** – 9.00am to 10.15am

**Date** – First Saturday of the month

There is no charge for joining us for breakfast though a donation of £5 towards the costs would be appreciated. All we ask is you let us know you are coming so we can cook the right number of breakfasts.

For more information or to book a place contact Phil Jackson at [philip.jackson@methodist.org.uk](mailto:philip.jackson@methodist.org.uk)

### **SILLOTH ROTARY CLUB ANNUAL**

Cumbrian Dialect competition

SATURDAY OCTOBER 6TH 2022

at 2pm in Christ Church Silloth

Entry FREE. Tea and coffee provided.

For more information contact 016973 31246



# All Welcome

# House: Church

Cornerstone Methodist Church | Silloth



Cornerstone members in Silloth meet in homes on the 2nd & 4th Tuesday of the month @ 7:00pm.

We start with coffee and conversation, then have a short time of worship and more focused conversation. You will also find us at Walking football and out and about around Silloth.

For more information, or if you would like to join us, call Phil on 07949 881698.



Cornerstone  
Methodist  
Church



[www.cornerstonemethodist.org.uk](http://www.cornerstonemethodist.org.uk)

## **WAVERTON NEWS**

### **Wigton Widows and Widowers**

A new social group for those that are widowed will be starting in September.

We meet on the 3rd Sunday in every month from 1-3pm at Cornerstone Methodist Church in Wigton. It will be a time to get together for tea/coffee and a light lunch followed by different activities such as watching a movie, enjoying a sing along and crafts just to name a few. We will also look forward to day trips out and enjoy being in the company of others that share our experience.

We realise that a lot of couples live for each other and don't necessarily have any other circle of friends or even family, so when one partner is no longer there the remaining partner is left feeling vulnerable and isolated. The purpose of the group is to build friendships, know they are loved and realise there is still hope. Our loved ones will always be loved and missed but we can still find some happiness and friendship together.

Anyone that is widowed is welcome to join us young or old, male or female and transport can be arranged if needed.

Our first get together will be Sunday 17th September 1-3pm where we will have lunch and a chat followed by a performance from the Oompah Funf brass band quintet.

Following dates are:

15th October – Chocolate Bingo

19th November – Christmas Crafts

17th December – Christmas Dinner and Carols

21st January – Movie

18th February – Musical Memories Singalong

17th March – Quiz

21st April – Day Trip

Contact Michelle on mobile: 07495197543

Email: [wigtonwaw@gmail.com](mailto:wigtonwaw@gmail.com)

Follow us on facebook

## **WESTNEWTON NEWS**

Yearly Subscription of £5 for the Solway Plain Magazine is now due. Please pay your distributor or Martha Walker ( Midtown House 20944) as soon as possible. Thank You

### **VILLAGE HALL 100 CLUB**

#### **SEPTEMBER**

£20 Gillian Beaty,  
£10 Eric Barry,  
£5 Margaret Scott

### **BIBLE CRACK**

AT MIDTOWN HOUSE

Led by Rev Malcolm Stillwell

MONDAY 9TH OCTOBER

& MONDAY 30TH OCTOBER

7PM

ALL WELCOME

Dominos in the Village Hall  
Saturday's @ 2pm £3 to play  
Contact Martha 20944 or Sheila 21073 for information

### **From the Library**

.' Two Steps Backwards' by Susie Kelly, the misadventures of an English woman in France. She and her husband became homeless when their business failed, so they decided to go to France where they finally get an old farmhouse which is almost falling down. They are animal lovers so they gradually end up with all different kinds of animals, plus trying to make the house habitable. It is an endless tale of misadventures.

Another book by the same author is 'Best Foot Forward'.

The Housemates by Teun Toebes. Everything one young student learnt about Love, Care and Dementia from living in a nursing home. He went to live in the home for two years to see what way things could be made better for the people living there and what he did was truly amazing. He really believes things could be done much better. At any one time in the UK, it is estimated there are 94,000 people living with Dementia. It is well worth reading. If anyone would like to borrow it, call Martha 20944

### **The Sales Table .**

Sales table Midtown House  
Jam, marmalade and chutney still for sale  
Call or contact Martha 20944

## Mental Health Chaplaincy

Covering  
communities and  
staff bases in West  
Cumbria

Yewdale Mental Health Ward  
West Cumberland Hospital  
Hensingham  
Whitehaven  
CA28 8JG  
Phone: 0781 612 8075  
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Cumbria, Northumberland,  
Tyne and Wear  
NHS Foundation Trust

## Chaplaincy

The assessment of spiritual needs is integral to providing holistic care and treatment. Chaplains are available to assist clinical colleagues with advice, information and training. They also provide pastoral and spiritual care to individual users, carers and staff as well as opportunities for group religious services. There are designated sacred spaces (chapels/faith centres) accessible for both individual and group use on most in-patient sites of the Trust.

Chaplains and chapels are available for people of all faiths or none. The Trust wide Chaplaincy Team has considerable experience of mental health care and is staffed by representatives from a wide spectrum of faith traditions, and also has humanists on the team. The team works with diverse faith leaders and representatives in the community. Locality based chaplains have access to the resources of the wider team as and when required.

Core hours are Monday-Friday  
9am-5pm, but 24-hour on-call  
exists for emergencies.



Caring | Discovering | Growing | **Together**

Chaplain Yvonne Myers