

## **LETTER FROM THE MINISTRY TEAM**

Dear Friends,

I expect by now we can all date everything as 2024 without having to think about it. The calendar year is well established and the Church Year, which began with Advent at the beginning of December, is moving towards the most significant season of heart-searching and also celebrating that Christians mark as we remember the life of Jesus.

Lent and Easter are early this year. Easter Day moves around each year because it follows the movement of the moon rather than a set date. This is a link to the old Jewish Passover festival which is when Jesus was crucified.

Whenever Easter falls, the pattern of Lent stays the same. Forty days (not including Sundays when we can celebrate) of paying special attention to God and examining ourselves and our shortcomings. We'll re-visit familiar things. We'll sing hymns and hear readings that we must know almost by heart. We may be giving something up for a few weeks; or donating to a cause. We'll be decorating eggs and giving gifts and sending messages and getting together with people in ways that we only practice once or twice during the year. Let's make sure we profit by not taking anything we do for granted. Each time we pull our hand back from the sweetie jar or whatever we've given up, we can remember why we're making the sacrifice, and say a little prayer. As we decorate the eggs and address the cards or messages, we can take time to really think about each person and what we want to say to them. Each one is our brother or sister, a child of God. He adores them and we must too. This year look at the words of the hymns and the readings with a fresh eye. See what we may not have noticed the last twenty or even sixty times.

And as we eat the pancakes on the 13th, remember that the ash of Ash Wednesday is a reminder of our human smallness ("you are but dust" Genesis 3:19). We need to be humble and ask forgiveness.

And also give thanks. This year, rather wonderfully, Ash Wednesday is also St Valentine's day and the magic word is Love. While we spend the next few weeks recognising our faults and (maybe) making sacrifices, we can also thank Him for His love.

It was for love of us that God lived in the world as Jesus and suffered and died as he did. And for Love of us that he rose again and gave us new life with Him in heaven. Life that doesn't need repentance and making amends, but goes on forever into new joy, new wonder and new love beyond anything we can imagine.

May we have a blessed Lent and a happy(!) Easter.

Tim

You may like to look up how different churches calculate Easter but for us it's the first Sunday (it has to be a Sunday) after the first full moon on or after the Spring equinox - March 21st when day and night are roughly the same length. Simple eh?

## SOLWAY PLAIN PARISH SERVICES

Date	Time	Service	Church	Leader	Readings
4 <sup>th</sup> February  2 before Lent	8.00am	HC	Silloth	BR	Colossians 1: 15-20 John 1 1-14  Green
	9.00am	FS	Westnewton	TB/CN	
	9.30am	HC	Holme St Cuthbert	GR	
	9.30am	FS	Bromfield	BR	
	10.30am	FS	Holme Cultram	TB/CN	
	10.45am	HC	Newton Arlosh	GR	
	11.00am	FS	Silloth	BR	
4.00pm	Christingle	Kirkbride	BR/CN		
5.00pm	Evensong	Silloth	TB		
11 <sup>th</sup> February  1 before Lent	9.00am	HC	Westnewton	MS	2 Corinthians 4: 3-6 Mark 9: 2-9  Green
	9.30am	FS	Holme St Cuthbert	TB	
	9.30am	HC	Bromfield	GR	
	9.30am	MP	Kirkbride	BR	
	10.30am	HC	Holme Cultram	MS	
	10.45am	MP	Newton Arlosh	BR	
	11.00am	HC	Silloth	GR	
14 <sup>th</sup> February Ash Wednesday	10.00am	HC	Silloth	BR	Isaiah 58: 1-12 John 8: 1-11
	7.00pm	HC	Holme St Cuthbert	BR	
18 <sup>th</sup> February  Lent 1	9.00am	MP	Westnewton	BR	Genesis 9: 8-17 Mark 1: 9-15  Purple
	9.30am	HC	Holme St Cuthbert	GR	
	9.30am	MP	Bromfield	TB	
	9.30am	HC	Kirkbride	MS	
	10.30am	MP	Holme Cultram	BR	
	10.45am	HC	Newton Arlosh	MS	
	11.00am	MP	Silloth	TB	
	4.00pm	Healing	Westnewton	CY	
25 <sup>th</sup> February  Lent 2	9.00am	HC	Westnewton	MS	Genesis 17: 1-7 & 15-16 Mark 8: 31-38
	9.30am	MP	Holme St Cuthbert	BR	
	9.30am	HC	Bromfield	CN	
	9.30am	MP	Kirkbride	TB	
	10.30am	HC	Holme Cultram	MS	
	11.00am	HC	Silloth	BR	

For Clergy names see Churches information at front of magazine

## CHURCH ROTAS

### Bromfield

Date	Sidesperson	Flowers	Church Cleaning
04	Miss Wilson		PCC TEAM
11			
18			
25			

### Holme Cultram Abbey

Date	Reader	Sidesperson
04	Anita	Brenda
11	Sarah	Elaine
18	Bill	Brenda
25	Norman	Elaine

### Holme St Cuthbert

Date	Reader
04	Helen
11	Lynda
18	Rosie
25	Brian

### Kirkbride

Date	Sidesperson	Flowers	Church Cleaning
04	S Sowerby	Mrs M Little	Mrs A Little
11	L Beattie		Mrs R Baird
18	J Jefferson	Mrs C Smithson	
25	S Sowerby		

### Newton Arlosh

Date	Sidesperson	Flowers	Church Cleaning
04	R Pinguey	Mrs E Bell	Mrs E Bell
11	S King		
18	W Bell		

## CHURCH ROTAS

### Silloth

Date	Sidesperson	Reader	Flowers
04	J Oliver	J Oliver	
11	M Graham	M Kent & A Rothwell	
18	J Oliver	J Oliver & M Graham	
24	F Jackson	M Kent & A Rothwell	

### Westnewton

Date	Warden	Sidesperson	Flowers	Church Cleaning
04	Mrs Hodgson	Mrs Launchbury	Mrs	Church Committee Members
11	Mrs Young	Mrs Walker	Young	
18	Mrs Hodgson	Mr Wardle	Mrs Hodgson	
24	Mrs Young	Mrs Szandurski		

## PARISH REGISTER

<u>Baptism</u>		
<u>Abbeytown</u>	Ted Dixon	14/01/24 Canon B Rothwell
<u>Bromfield</u>	Jackson Brough	17/12/23 Canon B Rothwell
<u>Funeral</u>		
<u>Abbeytown</u>	Joseph Hodgson	05/12/23 Canon B Rothwell
<u>Silloth</u>	Richard James Bissett	15/12/23 Canon B Rothwell
	Eleanor Robertshaw	18/12/23 Canon B Rothwell
<u>Crematorium</u>	Eileen Jones	24/11/23 Canon B Rothwell



A huge thankyou to all from Holme Cultram and  
Holme St Cuthbert for the super Christingles and  
Carol singing

**We raised £522**  
for the Children's Society



## **SOLWAY PLAIN NEWS**

### **Prayer line**

As part of our parish prayer life we would like to hear prayer requests either for yourself or for those you know who need prayer. We will then pray for them in the monthly healing service and in our own prayer time. There are two ways to pass prayer requests to the team. You can either call Francesc McIntyre on 07967376356

or email [prayer@solwayplainchurches.org.uk](mailto:prayer@solwayplainchurches.org.uk)

All we need is a name and a brief description of what we are to pray for, we do not need much detail, if God knows when a sparrow falls to the ground he knows what we are all going through and how to help. If the request is for someone else please check with them that they are happy for you to pass their name on for prayer



### **Healing service**

Our monthly healing service for February will be on Sunday 18th February in St Matthew's, Westnewton starting at 4.00pm.

Do join us for a service of quiet prayer and reflection where we seek God's healing and wholeness. Prayer requests can be sent to Francesc McIntyre 07967376356 or email [prayer@solwayplainchurches.org.uk](mailto:prayer@solwayplainchurches.org.uk)

## **SOLWAY MISSION COMMUNITY**

### **MISSION COMMUNITY PRAYER**

All friends from Wigton, Silloth, Aspatria and the associated churches are invited to come together each month and offer united praise and intercession for the great issues of the world or for particular private cares. For information on meetings in 2024, please contact Alan Fearon 016973 42454 or Tim Barker 016973 31246

### **THE GATHERING**

There was moving fellowship at the Mission Community "Gathering" at Aspatria Rugby club on Sunday 26th November, inspired by Ven Stewart Fyffe's story of his recent visit to Israel. He was there when the raid by Hamas took place and the dreadful war began. He added background information on the history of the conflicts in the Holy Land since World War 2 which made the tragedy and hopelessness of the situation even more clear. The session finished with groups praying together to the Father who alone can make things better.

The Gathering is an informal worship time with contemporary music at 4pm on the 4th Sunday of each month, especially hoping to create a space into which people could come who aren't used to traditional forms of church. Regular churchgoers will love it too but try and bring a friend. Plus cake !

For more information contact Rev Matt Richards 07937041517

## **ABBEYTOWN NEWS**

### **Church Yard Notice**

This is a polite notice to request that you kindly arrange for any floral decorations that were placed on loved one's graves over the Christmas period are removed by the end of February 2024 please so that the ground is cleared ready for the grass cutting season to begin.

Please dispose of all floral decorations in the correct bins by the church yard gates.

Thank you

### **Monthly Munch**

February Monthly Munch

Our Monthly Munch will be on Thursday 1 February 2024  
We will be having Jacket Potatoes, with various fillings & Rice Pudding.

Takeaway £7.00 – collection from 11.30am

Eat in £8.00 (includes tea/coffee) between 12pm – 1pm

There will be a raffle too!

For more information, please contact Brenda – 016973 61224 or Anita – 016973 61113.



### **Christmas Dinner**

Thank you to everyone who supported our annual Christmas dinner, we hope you all enjoyed it.

The team of volunteers worked so hard to produce approximately 70 takeaway dinners and 100 seated dinners (we lost count of how many meals we actually supplied!!)

Thank you to everyone who donated towards the ingredients/supplies for the meal we really do appreciate it. We raised over £3,110,00 for the Abbey.



## **ABBETOWN NEWS**

Our Lent Lunch will be on Thursday 7 March 2024. Please come and join us for a selection of delicious homemade Soups and Puddings. Takeaway £7.00 – collection from 11.30am Eat in £8.00 (includes tea/coffee) between 12pm – 1pm There will be a raffle too!



Please state if eating in or takeaway when booking/ordering (local delivery is available) and let us know by Wednesday 6 March 2024. Please contact Brenda – 016973 61224 or Anita – 016973 61113 to book/order.

### **Moments with the Mac**

Thoughts from the last 2023 from Frances McIntyre part of the Lay Team working within the Solway Plain.

Over the last year it has been a real privilege to work with you all with my various hats on J. Whether it has been I have taken Sunday services; Men's Breakfast; Coffee and ChitChat; NYC with Yvette and Martin; Visiting and giving Home Communion and Eco Church in Holme Cultram, and as most of you know me as the Secretary of the Solway Plain PCC and your Safeguarding Officer

All are Outreach for this community – the highlights are when People and Community come together. It might be only one or two people are involved, but I feel we are all getting closer.

Coffee and Chitchat through donations have to date have twinned 3 either toilets or taps in Africa; given money to Eco Church and other projects within the Church yard and still we still have money left for other community projects.

Eco Church has worked closely with the Parish Council (in Abbetown), to brighten up the village – just look at the bus shelter along the main street – and getting the school involved too. To be a presence at Community events – the Fun Day, The lighting of the Community Christmas tree to name two! With the monthly Eco Church gatherings going well and are being attended by members of the mission community, and our numbers are growing.

The links with our churches have strengthened; as shown by the attendance at the two Christingles and the Carol singing around Mawbray (and finishing in the Lower Arms.) With over 150 people in the churches and singing in the streets, raising £522:00 for the Children's Society.

All I can say is WOW! Then THANK YOU to this Community; For all the "behind the scenes people"; the families who made the services so much fun and definitely started off MY CHRISTMAS this year! All the people - who have been there with me or helped me in some way). It has been a pleasure and long may it continue FMcl

## ABBEYTOWN NEWS

### Abbeytown Community

### ECO CHURCH

It was fun to be at the Sports Pavilion in Abbeytown for the Christmas lights switch-on in December, and we're going to be back there in March to start our spring programme.

We'll be making bird-boxes there on Saturday 2nd March at 2pm  
Do come and join us for a cuppa and some cake, and try your hand at putting together a bird box

### **Christmas Fayre**

On Saturday 18 and Sunday 19 November we held our annual Christmas Fayre. We had 20 stalls made up of local crafters and small businesses, where people enjoyed some Christmas shopping and some tasty homemade treats, washed down with a warm cuppa or mulled wine. We also had a special visitor all the way from the North Pole whose reindeers waited patiently on the roof while Santa listened carefully to all the children's requests for Christmas Day. The children left with a little treat and Santa left with a big list of presents!



We all had a fabulous weekend and special thanks go to all our lovely stall holders, everyone who supported us and to all our wonderful volunteers who worked tirelessly to make the weekend such a success. Thank you also to both our Christmas cake raffle and main raffle winners, there were just too many prize winners to list individually.

We are pleased to announce that we raised an amazing £3,388.85 which will go towards the continued running and restoration of the Abbey. We hope to see everyone next year!

## BROMFIELD NEWS

### **BLENCOGO ART GROUP**

Blencogo art group is hoping to start meeting again on Monday Afternoons. If you are interested please telephone Graham on 016973 61158 for more information.

## **BROMFIELD NEWS**

### **Bromfield News**

A very happy New Year to everyone, I know it's a bit late but this is the first magazine of the year. Christmas seems a while ago but our Carols in the Pub sponsored by Tony and Liz Harrison was well attended and a great night had by all. The pie and peas went down well and the liquids on offer certainly helped the singing!! We raised £380 which is a good amount and all going to church funds. Thank you, Tony and Liz for being such good hosts. Thanks also to Bryan as master of ceremonies and Anne Louise for providing the musical accompaniment. Thanks to all that helped on the evening and to those who supplied raffle prizes.

Westnewton Pre-School held their Nativity and Carols in the church which was very well attended. It was enjoyed by all and rounded off nicely with mulled wine and mince pies. Thanks to Sue Shardlow for arranging the catering.

We are holding another Big Breakfast event on Saturday March 2nd from 10am to 1pm, see the poster for details. This event is very popular so please book early to avoid disappointment. Bookings to Shirley on 07592 031263. There will also be a raffle, and, if you could provide a prize, it would be much appreciated. Hope to see you there.

### **Bonus Ball Winners**

#### **November**

DATE	NUMBER	WINNER	AMOUNT
4	43	G. Atkinson	£30
11	32	V. Clark	£30
18	56	P. Reid	£30
25	46	E. Bramley	£30

#### **December**

DATE	NUMBER	WINNER	AMOUNT
2	Not paid		
9	30	S. Chapman	£30
16	8	S. Roberts	£30
23	44	P. Marshall	£30
30	38	G. Wilson	£30

### **Blencogo and District Garden Club**

Meetings are held at Blencogo Village Hall

**TUESDAY 20th FEBRUARY 2024 STARTING AT 7.30pm**

Our speaker : Jack Gott "A RAINBOW OF DAHLIAS"

A talk on Dahlias. Dahlias will be available to buy on the night.

Why not come along and join us as a guest, entry price for non-members is £3 to include a cup of tea or coffee and a biscuit.

IF you would like to join our club, please contact Linda on 07538027936.

Membership £10



## BROMFIELD NEWS

### BLENCOGO VILLAGE HALL

#### **The Harry Douglas Memorial Quiz Night**

with Pie & Pea Supper

Saturday 10th February 2024 at 7pm

Tables of 4 - £8 per person

(Don't worry if you can't make a four.

We can put people together on the night!)

Bring your own drinks

To book a table please phone Liz on 016973 61114

by Monday 5th February 2024



#### **Ceilidh Dance with The Band Mountain String Band.**

Friday 8th March, Doors open at 7pm for dancing to commence at 7:30pm Caller to teach all the dances.

No prior experience necessary, just come and give it a go!

£10 for adult, £5 for children, to include soup and sandwiches.

Bring your own drinks.

Tickets to be booked with Becky on 07443 603449. Numbers are limited.



## **The Big Breakfast Brunch**

Blencogo Village Hall

Saturday March 2<sup>nd</sup>

10 am – 1 pm



**Adults £10    Children £5**

Full English breakfast with tea & coffee

Contact Shirley 07592031263 to book a place.

All funds go to St. Mungo's Church

## **BROMFIELD NEWS**

### **BROMFIELD PARISH COUNCIL**

Summary of the Meeting held at Blencogo Village Hall at 7.30pm on Thursday 30th November, 2023. Present: Cllrs. I. Brough, R. Davison, G. Fellows (Chair), S. Lunken, and M. Underwood .

Matters discussed included: Planning applications received:

FUL/2023/0117 - The Grange, Wigton - Change of use of traditional stone barns to 3no. residential properties. HOU/2023/0183 - Holly Barn,

Blencogo - Re-submission of application HOU/2023/0053 for a proposed single storey extension and the insertion of roof light into main dwelling.

HOU/2023/0201 – Croft House, Blencogo - Two storey rear extension.

FUL/2023/0245 – High Croft, Blencogo - Erection of timber shed and workshop for allotments. Planning Decisions: FUL/2023/0187 – High

Aketon - Proposed roof over existing yard/livestock gathering area –

Granted. Dog Fouling - Since the last meeting stencils have been painted on the pavements and a leaflet drop carried out in Blencogo to remind

residents about cleaning up after their dogs. It was noted that the issue continues. Wigton Baths Trust – A donation of £200 was granted to

Wigton Baths Trust. Proposed Diversion of Public Footpath No 217001 -

Members considered the correspondence received from Cumberland

Council. There were no objections to the proposed diversion. Vacancies – There are vacancies on the council following the parish elections.

Anyone who has an interest in the community and would like to be considered for co-option onto the parish council please contact the Clerk

for further information. Date of next meeting: Thursday 25th January, 2024 - 7.30pm Committee Room, Blencogo Village Hall.

Clerk: Janice Rae , 1 Sun Croft, Ireby, CA7 1ES

Email: [bromfieldparish@blencogo.com](mailto:bromfieldparish@blencogo.com)

## **HOLME ST CUTHBERT NEWS**

### **HOLME ST CUTHBERT 100 CLUB**

**Members of the 100 Club, your subscription for 2024 is now due.**

**For those of you that have not joined yet, now is your opportunity to pick a number to be in with a chance to win one of the monthly prizes and support your local church.**

**It is £12 per year per number payable in advance, have as many numbers as you want, not many left.**

**Contact Brian Bailey on 01900 881 737 / 07542781234**

# HOLME ST CUTHBERT NEWS

## MAWBRAY VILLAGE HALL



Thursday 23rd February at 7.30pm  
Entrance £2 per person  
Prize for the winning team  
Bring your own refreshments and glasses  
**Club Dates**

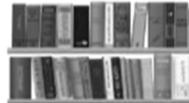
Pool  
6th & 20th February  
7pm—9pm



Craft & Chat  
14th & 28th February  
2pm—4 pm



Book & Jigsaw Exchange  
1st & 15th February  
3.30 pm —4.30 pm



The Mawbray Film Club  
presents

## INDIANA JONES and the GIRL OF DESTINY

**SATURDAY 10 February**  
The film starts at 7:00pm

Bring your own cushions, if you wish.  
Bring your own refreshments, cups/glasses. All rubbish to be taken with you when you leave at the end of the evening.  
Children must be accompanied by an adult.  
Please book using the contact numbers below to ensure you get a seat.

To join and/or to book contact Brian or Lynda:  
01900 881737 / 07542 781234 / 07926 810074

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You must be a member  
to participate

<b>Lifetime Membership</b>	<b>Film Night Charge</b>
£5.00 per adult	£3.00 per adult
£8.00 per couple	£1.50 per child
£10.00 per family	(under 16)

\* ADMIT \*

\* A01203 \*

## HOLME ST CUTHBERT NEWS

### 100 Club

#### The winning numbers for

#### November 2022 -

1 <sup>st</sup> Prize No. 42	Jan Grindell
2 <sup>nd</sup> Prize No. 39	Christine Beverley
3 <sup>rd</sup> Prize No. 18	Peggie Richardson
4 <sup>th</sup> Prize No. 77	Joanne Hodgson

#### December 2022 –

1 <sup>st</sup> Prize No. 2	Geoff Watson
2 <sup>nd</sup> Prize No. 51	Flo Robinson
3 <sup>rd</sup> Prize No. 3	Michael Cork
4 <sup>th</sup> Prize No. 79	Joan Ellis

**We ONLY have a few numbers left, just £12 per year.**

**Come on support your local church,  
with a chance to win, buy a number.**

**Contact Brian Bailey on: -01900 881 737 / 07542781234**

## KIRKBRIDE NEWS

**CHRISTMAS CAROL SERVICE** held on 7th December 2023

The Christmas carol service at St. Brides was a beautiful one with an almost full church and a good number of children who helped to make it extra special.

The carol singing filled the church with great joy and a real sense that Christmas was on its way. The readings gave everyone the chance to hear the retelling of the first Christmas over 2,000 years ago, reminding us of the Christ child and the Christmas message.

If you missed the carol service do come and join us for our next one in 2024.

We wish you all a very happy and healthy New year.

## **KIRKBRIDE NEWS**

### **Church Prize Draw**

Nov

£20 Jane Goold £10 Isobel Little £5 Wille Bell

Dec

£20 Mr Bellet £10 Dorothy Hodgson £5 Kathryn Grove

Jan

£20 Jemima Deakin £10 Sindy Harrop £5 B Stamper

### **CHRISTMAS COFFEE MORNING**

The Christmas coffee morning was held in the church/village hall on Saturday 25th November. Lots of people came and enjoyed freshly baked mince pies coffee, company and looking at the stalls ; Margaret with her usual homemade delights ;gifts, cards and her famous cushions all being sold to raise money for the various charities she supports. Ann was there selling her home made jewelry and Robena's floral grave pots and Christmas wreaths made for a beautiful display and were very popular. As well as the homemade refreshments there were two raffles which helped to raise a fabulous total of E280.00 A big thank you to everyone who came and supported the event.

THANK YOU to everyone who purchased jigsaws, bric a brac, gifts and books from the stall which was raising money for MIND. The sales and monetary donations meant that a cheque for €100 was sent to MIND in time for Christmas. MIND is a mental health charity. Sadly one in four people will suffer with mental illness at some point in their lives. For further information about their work please go to their website [mind.org.uk](http://mind.org.uk) I hope to do more fundraising for MIND in 2024 look out for details in the magazine and Kirkbride shop/post office.  
Sindy Harrap

### **Kirkbride village/church hall**

#### **CRAFT CLUB**

Every Wednesday 1.30-3.30.

If you don't feel like crafting then come for a cup of tea/coffee and a chat. A chance to meet new friends and share craft ideas, we'd love to see you. For more information please ring Christine Smithson 016973 51686 or Josephine Jefferson 016973 51843

#### **COFFEE MORNING**

Every Friday 10.30-12.00

Come along for a chat and catch up with what's on across the Solway Plain. A small friendly group are ready to make you welcome —just come along. For more information please ring Christine Smithson 016973 51686 or Josephine Jefferson 016973 51843

## **KIRKBRIDE NEWS**

### **SAVE THE DATE**

**Spring Into Health Event**  
**Saturday 9<sup>th</sup> March 2024**  
**10.00 am – 3.00 pm**  
**Kirkbride Primary School**

An interactive day for all the family  
Come and find out what's going on in your local community to help you  
improve your health and  
well-being and stay safe and well.  
Look out for further details through your door or on social media

## **NEWTON ARLOSH NEWS**

### **St John's Church Draw**

December Draw

£20 No 164 Mrs K Stokes  
£10 No 185 Christine Hodgson  
£5 No 58 David Reed  
January Draw  
£20 No 203 Elinor Roper  
£10 No 164 Heather Grierson  
£5 No 1 Vaughan Hodgso

### **Newton Arlosh Payment for Magazine**

Annual Subs of £5 are Due for the magazine  
We will be collecting this with your deliver of the February Magazine.

### **Newton Arlosh Parish Hall Committee**

EASTER BINGO and RAFFLE

Friday 22nd March 2024

Held in Newton Arlosh Parish Hall

Starts at 7.30pm

Everyone Welcome

Any one who would like to donate prizes for the Bingo and Raffle  
will be much appreciated.

Please leave prizes at the parish hall 1pm on the  
Friday 22nd March 2024, we will be setting up the parish hall  
or you can give to any member of the parish hall committee  
you can also contact Ruth Pinguetel Tel 61649  
or Carol Stockdale Tel 51479

## NEWTON ARLOSH NEWS

### **Solway Gardening Society Meetings**

Apologies for the brief amount of information about our programme for the coming months. Unfortunately Covid has had a significant impact on the availability of speakers. What we can do is pass on details of venues and dates. When the time comes there will be worthwhile activities to be enjoyed, all on a gardening theme.

**Thursday 15th February**

Newton Arlosh Parish Hall

**Thursday 21st March**

Port Carlisle Bowling Club

Meetings are held on the 3rd Thursday of the month at 7.30pm unless otherwise stated. Subscriptions are very good value at £10 per year.

More information from our secretary -

Robert Bellett 01697352953 or robertbellett@gmail.com

### **YOGA CLASS**

Any one interested coming to Yoga Classes

Held in Newton Arlosh Parish Hall

Every Thursday Evening 6 till 7 pm

Price would be Drop In £7 or 5 weeks @ £30

Please Contact Sammy

Tel 01697352611 Mobil 0785457507

### **Port Carlisle Bowling Club**

Open again for outdoor bowling .

Welcome to new and old members or just come and try.

Saturday afternoons and Wednesday mornings

Find us on Facebook

[www.portcarlislebowlingclub.co.uk](http://www.portcarlislebowlingclub.co.uk)

Telephone 01228 576398

## SILLOTH NEWS

### **Silloth Master Quiz Tim Barker's annual challenge**

**March 8th 2024**

**At 7pm in Christ church**



**Entry £6 per person. Team of up to four. (Spectators £3)**

**Refreshments included**

**Payment can be made on the door but it will help us with catering if you let Tim know you're coming. 016973 31246**

## SILLOTH NEWS

# Men's Breakfast

**First Saturday of every month**

**9:00 - 10:15  
Christ Church, Silloth**

**Cooked breakfast  
and speaker**

**Suggested donation £5  
(no obligation)**

**For booking message  
Franny Mac on:  
07967376356  
or frannymac55@gmail.com**

### **Churches Together in Silloth & Aspatria**

Lent begins on 14th February, there will be services for Ash Wednesday at 10am in Christ Church, Silloth and 7.00pm in Holme St Cuthbert Church. Through Lent we will be holding weekly Bible Studies in Christ Church, Silloth on Tuesday mornings 10am-11.30pm led by the ministers from the town. We invite you to join us as we explore God's Word together.

### **EVENSONG IN CHRIST CHURCH**

Traditional Book of Common Prayer Evensong will be celebrated  
at Christ Church  
on Sunday February 4th at 5pm.  
Sung responses, psalms and canticles.  
All are welcome.

## WAVERTON NEWS

### **Dundraw WI**

The president welcomed twenty-two members and a guest to the AGM which is held in December. The festive room and decorated tables were attractive and welcoming on a frosty day. We began with lunch of pie and peas followed by Christmas treats provided by members. Two of our talented members then entertained us. Pauline Mole recited one of her Christmas poems that reminded us of our Christmas dilemmas. Janet Stukins then showed us how to make Japanese embroidered Temari balls. She assured us she was just a beginner but the intricate designs amazed us all. This was followed by the AGM. The treasurer, secretary and president gave their reports. Dundraw WI are in a sound financial position and have a growing membership. Most of the officers were willing to continue in their present rolls but some new officers were appointed. Lesley read out the new County Chairmans letter from the County News. We were sorry to hear that Sandra, CCFWI Secretary, has decided to retire after many years of service. We will miss her cheery voice and helpful advice. The vice president Helen Daly read out the programme for 2024.

Members were asked to make suggestions for speakers and outings Gill, our competition, secretary explained the arrangements for the New Year when entries will be displayed on tables at the entrance. Raffle tickets will also be sold at the door. The annual results for the monthly competitions were read out Flower competition 1st Lesley Evans 2nd Jean Bennett 3rd Gill Hazlehurst Monthly competition: 1st Lesley Evans 2nd Jane Launchbury 3rd Gill Hazlehurst The WI plate, presented to the person with most points over both competitions, was also won by Lesley.

The president Lesley Evans welcomed twenty members and a guest to the first meeting of 2024 and wished everyone a Happy New Year.

Items from the County News were read out and discussed

Members who are going to the musical show 'Fantastically Great Women who changed the world' on 24th February at the Theatre Royal, Newcastle will join the coach at the Throstle Nest bus stop Wigton at 10.40am or at Carlisle Sands Centre at 11.10am. The next Book Club will be on

Wednesday 17th January at 2pm and will meet in the small meeting room in Blencogo Village Hall. The next meeting of the Lunch Club will be on Thursday 25th January at John's Plaice 12pm. A committee meeting will be held at Mary Howe's 1pm Tuesday 23 January. The president introduced our speaker for the afternoon, Ian Middlemore who gave a presentation on 'Bomb Disposal'. Ian joined the RAF in 1980 and trained to be an armourer. He then went on to spend six years in bomb disposal some of the work being with nuclear weapons. He explained some of the methods used to diffuse bombs. In 2020 the government decide to end the RAF's role in bomb disposal. The army now carry out the role on land and the navy at sea. The metropolitan police also have a bomb disposal squad. After questions from the audience, he was thanked by Lesley.

Ian judged the competitions. Eileen Bell won the competition for 'a photo or item from a hazardous place you have visited'. Jane Launchbury came second. Flower of the month was won by Eileen Bell; Mary Howe came second. The raffle was won by Dawn Ayres.

Tea and chat concluded the meeting

## WESTNEWTON NEWS

### **VILLAGE HALL 100 CLUB**

December

£100 J Eve, £50 G Walker, £25 L Younghusband, £10 S Thompson

Payment for 2024 monthly draws is now due. £12 per number.

THERE ARE NUMBERS AVAILABLE, IF YOU WOULD LIKE ONE, OR TO  
PAY PLEASE CONTACT Shiela Szandurski on 01697321073 .

**St Matthews Church committee members** and congregation would like to say thank you to everyone who helped in any way at the Christmas Fayre. Also to all the craft stall holders. People came from far and wide and spent their money on gifts, treats and of course the homemade cakes and refreshments and soup provided by committee members and friends. The total amount raised exceeded £1500, which is already being used for ongoing upkeep of the church. Many thanks once again to all involved.

### **BIBLE CRACK**

AT MIDTOWN HOUSE

Led by Rev Malcolm Stillwell

Monday 19th February @7pm

Everyone Welcome

There will be a **Lent Study Course** beginning

Monday 26th February @7pm

Midtown House Westnewton

Monday 4th March, 11th & 18th

This is for anyone who would like to attend, not only for those local to Westnewton.

Please contact Martha Walker if you wish to join us.01697320944

Dominos in the Village Hall

Saturday's @ 1.30pm £3 to play

Contact Martha 20944 or Sheila 21073 for information

### **Seafarers Mission**

I would like to thank friends who have helped with knitting woolly hats for the seafarers. I am about to post off thirty hats.

Anyone interested in the pattern, contact Martha 01697320944

### **From the sales table.**

£50 to Children in need.

£100 to Cumbria Community Foundation Fund.

Thanks you to everyone who has purchased jams, Chutneys, cakes knitted dolls and children's knitted jumpers and cardigans.

## WESTNEWTON NEWS

### **Westnewton Parish Council**

**31 July Meeting** - Hound Noise – St Matthews Cottages – It was suggested to the complainant that a diary of noise be kept then submitted to Environmental Health at Cumberland Council. It was stated that everyone should be aware that improvements in noise levels be reached by September 2023.

Finance – cheque to be reissued to pre school with correct title - £100.

Cheques issued to J Rae Internal Auditor £100, M Sharpe Grounds Maintenance £576, Youth Club £199. Cheque signatories to be changed to R Beaty and K Conway.

Planning -It was noted that Internal/external alterations and a side porch extension 6 Brookside Cottages, Westnewton had been granted. Also proposed two storey rear extension, single storey porch and extended outbuilding Swan House, Westnewton had been granted.

**30 November Meeting** – It was noted that A Keighley had resigned from the parish council. Hounds – It was noted that the hounds have gone from St Matthews Cottages.

Fire hydrant – It was noted that the fire hydrant near the school had been tarmacked over.

Blocked Drains/Road Brush – it was noted that blocked drains near Westlands needed unblocked again. A road brush would be requested.

Christmas Carols – 10 December 4 pm – It was noted that that Christmas tree had arrived and Mulled wine and mince pies would be available on the day.

Notice Board - Parish Councillor Email addresses would be put on the notice board and parish magazine. A Fireworks notice would be put on the notice board requesting that anyone using fireworks would consult with their neighbours.

New parish councillor – Claire Shepherd would be invited to the next meeting in January.

Councillor Email addresses-

George Bell - [georgedbell@icloud.com](mailto:georgedbell@icloud.com)

Richard Beaty - [richard.newtonfield@gmail.com](mailto:richard.newtonfield@gmail.com)

Kelly Conway - [Kellycnwy@aol.com](mailto:Kellycnwy@aol.com)

Patrice Sanderson - [slimsanderson@gmail.com](mailto:slimsanderson@gmail.com)

Noel Hewetson - [nnhewetson28@gmail.com](mailto:nnhewetson28@gmail.com)

Clerk: J Love [janellove311@btinternet.com](mailto:janellove311@btinternet.com)

Next Meeting 25 January 2024 – All Welcome.

## WESTNEWTON NEWS

### **From the Library**

The Familiars by Stacey Halls is set April 1612. A novel of intrigue from beginning to end. It centres on Fleetwood Shuttleworth, who at seventeen is mistress of a big house and meets up with a midwife who is mixed up with the Witches of Pendle Hill. She goes to prison and Fleetwood eventually gets her out. It is a fascinating story, a book hard to put down. Shades of Blue, a book by Koral Kingsbury is a novel about Brad Cutler, who has a past and is about to get married but can't forget his past and has to make it right with the girl he knew before. The author has nearly fifteen million books in print. A fascinating read.

### **Give a book**

In 2022, the Daily Express ran a feature for Give a book and asked readers to donate. They received £50,000 from readers donations. One eighty year old wrote 'I love it, imagine life without a book'. The money has gone towards building a library at a school in Tamworth. There are children in our country currently who have never owned a book.

To donate, cheques can be sent to

Give a book, 112-114 Holland Park Avenue, London W11 4UA. Or [giveabook.org.uk](http://giveabook.org.uk)

## GENERAL

### **The Longcake Charity And Longcake Educational Foundation**

The Longcake Charity began 1873 with a legacy from John Longcake. John Longcake and his wife (Mary Wise) farmed at Pelutho House on the outskirts of Silloth. They had one son John Wise Longcake who tragically died of whooping cough on 22nd May 1850 aged only 17 years.

In memory of his beloved son, John Longcake Senior left instructions in his will to set up the Longcake Charity. This charity is still going strong today. He requested that his estate should be invested and the interest each year be used for the promotion of education, religion, and to benefit institutions for the poor and sick in the parishes of Holme St Cuthbert, Holme Abbey, Holme Low and Silloth.

For 150 years children in these parishes have benefited from the Longcake Educational Foundation as regular grants are awarded to each of the primary and secondary schools.

It was John Longcake's wish that young people should be supported in their pursuit for knowledge in order that they may obtain a higher level of education. Some individuals, who have satisfied the schemes criteria have also benefited from small awards granted by the charity.

Regular donations are given to the Silloth Nursing Home and to the churches of each parish

The charity is governed by a board of trustees and meetings are held three times a year in February, June and October.

Applications for funding are welcome and should be directed to the Clerk of Trustees, Mrs Elizabeth Gilroy, Hightaws House, Highlaws, Silloth, CA7 4LY

community  
catalysts™

unlocking potential  
effecting change

Est. in 2009



COMMUNITIES  
CARE



Coalition for  
Personalised  
Care

smallgoodstuff

local area  
coordination™

Over 47 small enterprises are now up and running in Cumbria, offering hyper local, creative, and flexible care and support options to older and disabled people. These passionate local people have been helped to get set up by a scheme funded by Cumberland Council and Westmorland and Furness Council and run by UK-wide social enterprise Community Catalysts. These enterprises are set up and run by local people who have a passion to support others. The scheme helps them to get set up and meet the "Doing It Right Standards." They offer a range of care and support options from cleaning, help with preparing and enjoying a favourite meal, to dog walking, support to do exercises, and trips out. Michelle has set up Bespoke Care with Michelle offering care, support, help at home, cleaning, cooking, shopping, activities, transport, dog walking, trips out, counselling skills. Michelle loves that she can work around her own family life, her dogs and her hobbies and interests. She feels she is earning a good salary and is really enjoying what she does and the difference it is making to so many lives. Michelle said: "I absolutely love what I do now, helping people to stay living independently at home and supporting them to choose what their care and support looks like. I have met so many wonderful people who I have loved getting to know and finding out all about them, what their interests are and working with them and their families to ensure they are able to continue to live a happy and meaningful life I saw an advertisement for the Community Catalysts development programme on Facebook and got in touch. I loved the fact that there was one-to-one support available to help me set up my own enterprise, so I knew exactly what I needed to do to ensure I could offer a high quality, professional service."

Michelle has been supporting a local lady Alice and providing respite for her two sons for over 12 months now. She supports them for three days a week for three hours each time, helping Alice to have a shower and do her hair in the mornings, taking her out in the car for a drive and stopping off somewhere for a coffee and a good natter. They also enjoy baking together and love looking through old photograph albums together and chatting about the past. Paul, Alice's son said: "I would just like to say a massive thank you to Michelle for the excellent care and support she gave our family. We could not have got through it without you. Nothing was too much for her, my mum and dad loved her coming. Plus, all the trips out she gives Mam for coffee and snacks absolutely made her day. Cannot thank you enough your care was above and beyond, I really mean that."

You can find Michelle and many more small enterprises like hers on Small Good Stuff directory: [www.smallgoodstuff.co.uk/cumbria](http://www.smallgoodstuff.co.uk/cumbria)

If you want to take advantage of the free support currently available to help you set up offering care and support to people near you

Visit <https://www.communitycatalysts.co.uk/project/work-for-yourself-care-help-at-home/#Top>

Email: [Becky.goddard@communitycatalysts.co.uk](mailto:Becky.goddard@communitycatalysts.co.uk)

Elaine Davin-Jones, National Project Support Officer

Head Office Address: York House, 10 Haywra Street,  
Harrogate, HG1 5BJ

Mobile: 07503 800094

Website: [www.communitycatalysts.co.uk](http://www.communitycatalysts.co.uk)



Michelle Tinnion  
a local Dearham enterprise  
and a customer she supports.